



BRITISH COLUMBIA
CENTRE *for* EXCELLENCE
in HIV/AIDS

HIV MONITORING QUARTERLY REPORT **FOR FRASER HEALTH**

THIRD QUARTER 2014



BC Centre for Disease Control
An agency of the Provincial Health Services Authority



First Nations Health Authority
Health through wellness



fraserhealth



Interior Health
For your whole life



island health



northern health
the northern way of caring



How you want to be treated.



Promoting wellness. Ensuring care.

Foreword

As part of the BC Centre for Excellence (BC-CFE) in HIV/AIDS's mandate to evaluate the outcomes of STOP HIV/AIDS programming in BC, we have developed quarterly HIV/AIDS monitoring reports. These reports provide up-to-date data on a variety of key HIV-related surveillance and treatment indicators. Selection of these indicators was achieved through a collaborative process with various Health Authority (HA) representatives. There are six reports in total, one for each HA and one for the province of BC as a whole. In addition, there is a technical report which explains how each HIV indicator is calculated. Data used in these reports come from the British Columbia Centre for Disease Control (BCCDC), MSP billings, hospitalization data from the Discharge Abstract Database, the Sunquest Laboratory database at the Provincial Public Health Microbiology and Reference Laboratory, Providence Health Care laboratory and the BC-CFE Drug Treatment Program (DTP) Database.

The objectives of these reports are to:

1. Provide timely HA-specific information on key HIV indicators which will guide and inform HIV leaders and innovators in the development of future HIV interventions and programs which will ultimately lead to decreasing the burden of HIV in BC. The indicators will reflect ongoing or past successful public health interventions and highlight areas in the HIV care spectrum which require further attention and support.
2. Highlight limitations in our current data due to incomplete or time lagged data and to develop future strategies to improve complete and timely data capture.

These reports are produced for the benefit of individual HA's. As such, we are enthusiastic about your involvement and cooperation regarding the development of these monitoring reports. Please forward your comments and queries to Irene Day, Director of Operations at the BC-CFE at iday@cfenet.ubc.ca.

List of Indicators

Indicator 1. Testing Episodes

Indicator 2. HIV Testing Rate

Indicator 3. New HIV Diagnoses

Indicator 4. Stage of HIV Infection at Diagnosis

Indicator 5. HIV Cascade of Care

Indicator 6. Programmatic Compliance Score (PCS)

Indicator 7. New Antiretroviral Starts

Indicator 8. CD4 Cell Count at ART Initiation

Indicator 9. Active and Inactive Drug Treatment Program Participants

Indicator 10. Antiretroviral Adherence Level

Indicator 11. Resistance Testing Results by Resistance Category

Indicator 12. AIDS-Defining Illness

Indicator 13. HIV-Related Mortality

Table of Contents

Acknowledgements and Contributions

BC Provincial STOP Program:

A Note on Monitoring and Interpreting HIV Indicators

Indicator 1 HIV Testing Episodes

- Figure 1.1 HIV Test Episodes for Fraser Health, 2009 Q4–2014 Q3
- Figure 1.2 HIV Test Episodes for Fraser Health by Gender and Prenatal Status, 2009 Q4–2014 Q3
- Figure 1.3 HIV Test Episodes for Fraser Health by Age Category, 2009 Q4–2014 Q3
- Figure 1.4 Point-of-Care HIV Tests for Fraser Health, 2010 Q4–2014 Q3
- Figure 1.5 HIV Test Episodes by HSDA for Fraser Health, 2009 Q4–2014 Q3

Indicator 2 HIV Testing Rates

- Figure 2.1 Rate of HIV Testing for Fraser Health and HSDA's, 2009–2013
- Figure 2.2 Rate of HIV Testing for Fraser Health by Gender, 2009–2013
- Figure 2.3 Rate of HIV Testing for Fraser Health by Age Category, 2009–2013

Indicator 3 New HIV Diagnoses

- Figure 3.1 New HIV Diagnoses for Fraser Health, 2009 Q4–2014 Q3
- Figure 3.2 New HIV Diagnoses for Fraser Health by Gender, 2009 Q4–2014 Q3
- Figure 3.3 New HIV Diagnoses for Fraser Health by Age Category, 2009 Q4–2014 Q3
- Figure 3.4 New HIV Diagnoses for Fraser Health by Exposure Category, 2009 Q4–2014 Q1
- Figure 3.5 New HIV Diagnoses for Fraser Health by HSDA, 2009 Q4–2014 Q3

Indicator 4 Stage of HIV Infection at Diagnosis

- Table 1 Staging Classifications of Infection at Time of HIV Diagnosis Based on CDC HIV Surveillance Case Definitions
- Figure 4.1 Stage of HIV Infection at Diagnosis for Fraser Health, 2010–2013
- Figure 4.2 Stage of HIV Infection at Diagnosis for Fraser Health by Gender, 2010–2013
- Figure 4.3 Stage of HIV Infection at Diagnosis for Fraser Health by Age Category, 2010–2013
- Figure 4.4 Stage of HIV Infection at Diagnosis for Fraser Health by Exposure Category, 2010–2013

Indicator 5 HIV Cascade of Care

- Figure 5.1 Estimated Cascade of Care for Fraser Health, Year Ending 2014 Q3
- Figure 5.2 Estimated Cascade of Care for Fraser Health by Gender, Year Ending 2014 Q3
- Figure 5.3 Estimated Cascade of Care for Fraser Health by Age Category, Year Ending 2014 Q3

Figure 5.4	Estimated Cascade of Care for Fraser Health by MSM Status, Year Ending 2014 Q3
Figure 5.5	Estimated Cascade of Care for Fraser Health by Age Category and MSM Status, Year Ending 2014 Q3
Figure 5.6	Estimated Cascade of Care for Fraser Health by History of IDU, Year Ending 2014 Q3
Figure 5.7	Estimated Cascade of Care for Fraser Health by HSDA, Year Ending 2014 Q3
Indicator 6	Programmatic Compliance Score (PCS)
Table 2	Probability of Mortality Based on the Programmatic Compliance Score
Figure 6.1	PCS Components for Fraser Health, 2012 Q4–2014 Q3 <ul style="list-style-type: none"> First-Year CD4 Measurement First-Year VL measurement Baseline Resistance Testing Recommended Antiretroviral Therapy (ART) Baseline CD4 ≥ 200 cells/μL Suppression at 9 Months
Figure 6.2	Historical Trends for PCS Score for Fraser Health, 2012 Q4–2014 Q3
Indicator 7	New Antiretroviral Therapy Starts in Fraser Health
Figure 7	BC-CfE Drug Treatment Program Enrollment: New Antiretroviral Participants for Fraser Health, 2012 Q4–2014 Q3
Indicator 8	CD4 Cell Count at ART Initiation
Figure 8	CD4 Cell Count at ART Initiation for Fraser Health, 2012 Q4–2014 Q3
Indicator 9	Active and Inactive Drug Treatment Program (DTP) Participants
Table 3	Distribution of People on ART in Fraser Health, 2014 Q3
Figure 9	Active and Inactive DTP Participants for Fraser Health, 2012 Q4–2014 Q3
Indicator 10	Antiretroviral Adherence
Figure 10	Distribution of Individuals by Adherence Level in 1st Year of Therapy, Based on Pharmacy Refill Compliance for Fraser Health, 2012 Q4–2014 Q3
Indicator 11	Resistance Testing and Results
Figure 11	Cumulative Resistance Testing Results by Resistance Category for Fraser Health, 2012 Q4–2014 Q3
Indicator 12	AIDS-Defining Illness
Figure 12	AIDS Case Rate and Reports for Fraser Health, 2006–2013
Indicator 13	HIV-Related Mortality
Figure 13	HIV-Related Deaths by Year for Fraser Health, 2004–2011

Acknowledgements and Contributions



BRITISH COLUMBIA
CENTRE *for* EXCELLENCE
in HIV/AIDS

British Columbia Centre for Excellence in HIV/AIDS (BC-CFE): The BC-CFE is responsible for the conception, preparation and ongoing review of this quarterly report. The BC-CFE provides the data and outputs for Indicators 5 (Hiv Cascade of Care), 6 (Programmatic Compliance Score), 7 (New Antiretroviral Starts), 8 (CD4 Cell Count at ART Initiation), 9 (Active and Inactive Drug Treatment Program Participants), 10 (Antiretroviral Adherence Level), 11 (Resistance Testing Results by Resistance Category), 12 (AIDS-Defining Illness), and 13 (HIV-Related Mortality). The BC-CFE database provides PVL and CD4 cell count testing data, as well as ART use. All PVL measurements in BC are performed at the St Paul's Hospital virology laboratory, thus PVL data capture is 100%. An estimated 80% of all CD4 count measurements performed in the province are captured in the BC-CFE data holdings. The STOP HIV/AIDS Technical Monitoring Committee-BC-CFE is responsible for oversight of the monitoring report. Motoi Matsukura writes and compiles the monitoring report. Guillaume Colley, Dr. Viviane Lima and Nada Gataric perform analysis of Indicators 5–13. James Nakagawa is responsible for publishing and editing. This report was conceived and guided by Dr. Julio Montaner.



BC Centre for Disease Control
An agency of the Provincial Health Services Authority

British Columbia Centre for Disease Control (BCCDC): The BCCDC provides the data and outputs for Indicator 1 (Hiv Testing Episodes), Indicator 2 (Hiv Testing Rate), Indicator 3 (New Hiv Diagnoses), Indicator 4 (Stage of Hiv at Diagnosis) and Indicator 12 (AIDS-Defining Illness). The BCCDC is the single provincial agency that centralizes all HIV surveillance through the Public Health Microbiology and Reference Laboratory, which does more than 90% of all HIV screening tests in BC and all confirmatory testing. Theodora Consolacion and Dr. Jason Wong are responsible for outputs for Indicators 1–4.

Other Data Sources:

The above databases were supplemented with:

- (I) The BC Vital Statistics database which was used to calculate Indicator 5. The Hiv Cascade of Care and Indicator 13. HIV-Related Mortality.
- (II) Linkage and preparation of the de-identified individual-level database used for calculating Indicator 5. The Hiv Cascade of Care was facilitated by the British Columbia Ministry of Health.
- (III) The Statistics Canada database: BC and HIV-positive population counts were acquired through the statistics Canada website to calculate HIV-specific mortality rates for Indicator 13. HIV-Related Mortality.

Membership of the STOP HIV/AIDS Technical Monitoring Committee–BC-CfE

Dr. Rolando Barrios, *Chair*, BC-CfE

Kate Heath, BC-CfE

Bohdan Nosyk, BC-CfE

Viviane Dias Lima, BC-CfE

Irene Day, BC-CfE

Dr. Jason Wong, BCCDC

Dr. Mel Kradjen, BCCDC

Salman Klar, FHA

Corey Green, FNHA

Jennifer May-Hadford, IHA

James Haggerstone, NHA

Dr. Neora Pick, PHSA

Dr. Reka Gustafson, VCHA

Melanie Rusch, VIHA

The Seek and Treat for Optimal Prevention (STOP) HIV/AIDS BC Provincial Program: A Note on Monitoring and Interpreting HIV Indicators

The Seek and Treat for Optimal Prevention (STOP) of HIV/AIDS programme is a provincial initiative to improve HIV diagnosis and care delivery in BC through increased HIV-specific funding to all HSDA's across BC. The STOP provincial programme is an expansion of a four-year STOP pilot project which was implemented in two Health Service Delivery Areas in March 2010; the Vancouver HSDA which bears the largest burden of the HIV epidemic in the province and the Northern Interior HSDA which bears a high burden of HIV-related mortality. The STOP pilot project demonstrated the urgent need for improved efforts in early diagnosis of HIV and timely initiation of antiretroviral therapy (ART) initiation.

The expansion to a province-wide programme was announced on November 30th 2013 by the BC Ministry of Health with roll out of funding beginning on April 1st, 2013. This funding is intended to be used in the implementation and evaluation of HIV-related diagnosis and care initiatives within individual HA's. Goals of the project include: 1. A reduction in the number of new HIV infections in BC; 2. Improvements in the quality, effectiveness, and reach of HIV prevention services; 3. An increase in early diagnosis of HIV; 4. A reduction in AIDS cases and HIV-related mortality.

The goals of HA-led STOP-funded initiatives are to work toward achieving these goals. To these ends some outcome measures or indicators of progress have been drafted that should be considered in the design and implementation phases of these initiatives.

HIV Testing Episodes and Rates

In this section, the number of HIV test episodes and point of care (POC) HIV tests conducted each quarter in BC is shown. In general terms the goal is to increase the number of tests performed and to maximize testing efficiency. Test episodes are allocated by region according to where the test is performed.

Indicator 1. HIV Testing Episodes

Figure 1.1 HIV Test Episodes for Fraser Health, 2009 Q4–2014 Q3 ¹

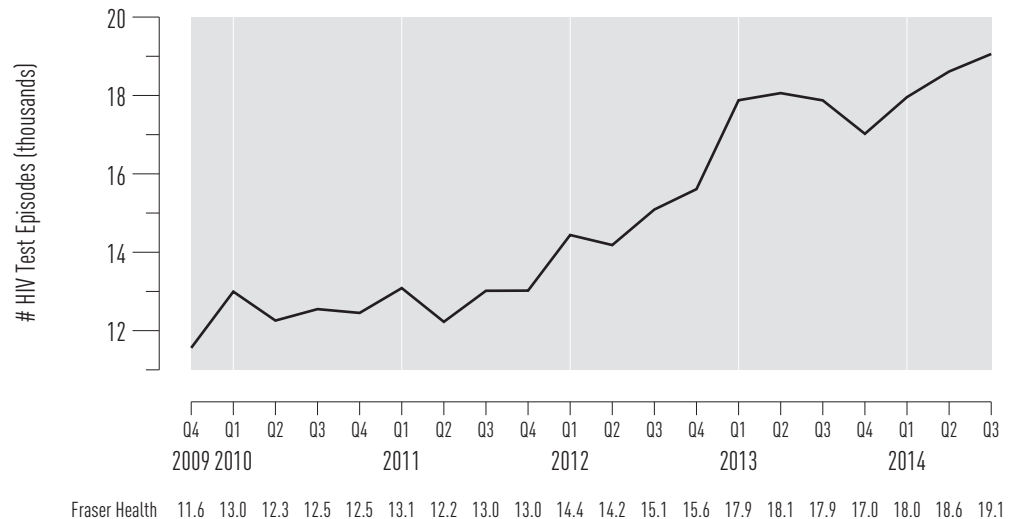


Figure 1.2 HIV Test Episodes by Gender and Prenatal Status for Fraser Health, 2009 Q4–2014 Q3 ^{1,2}

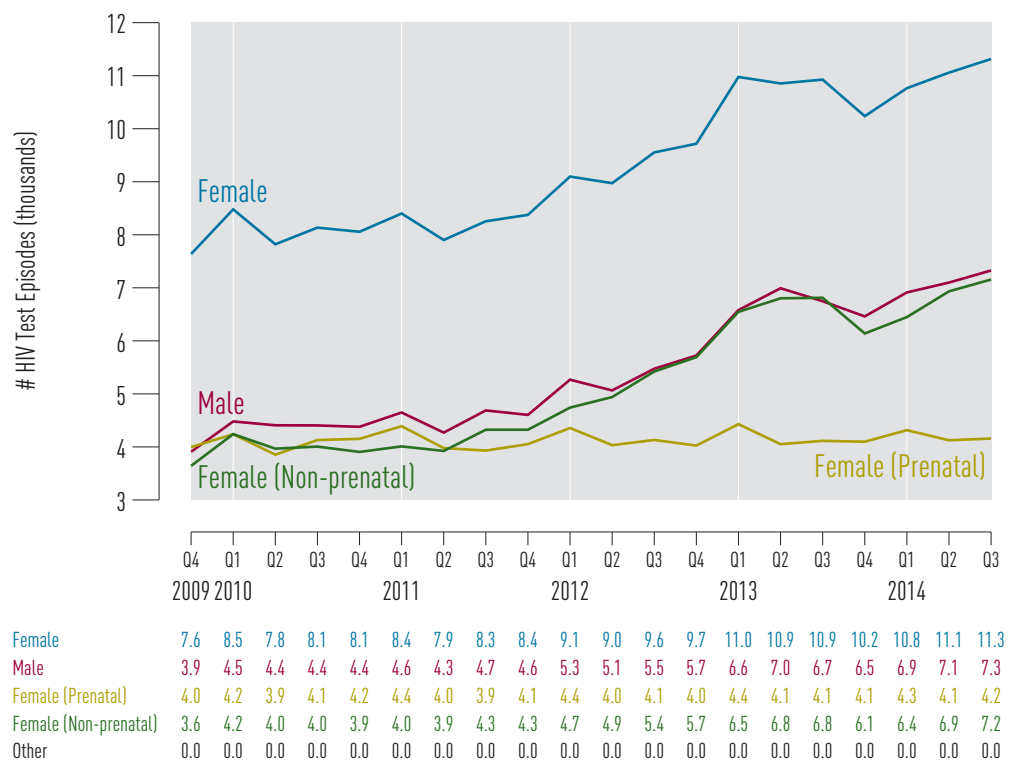


Figure 1.3 HIV Test Episodes by Age Category for Fraser Health, 2009 Q4–2014 Q3 ^{1,2}

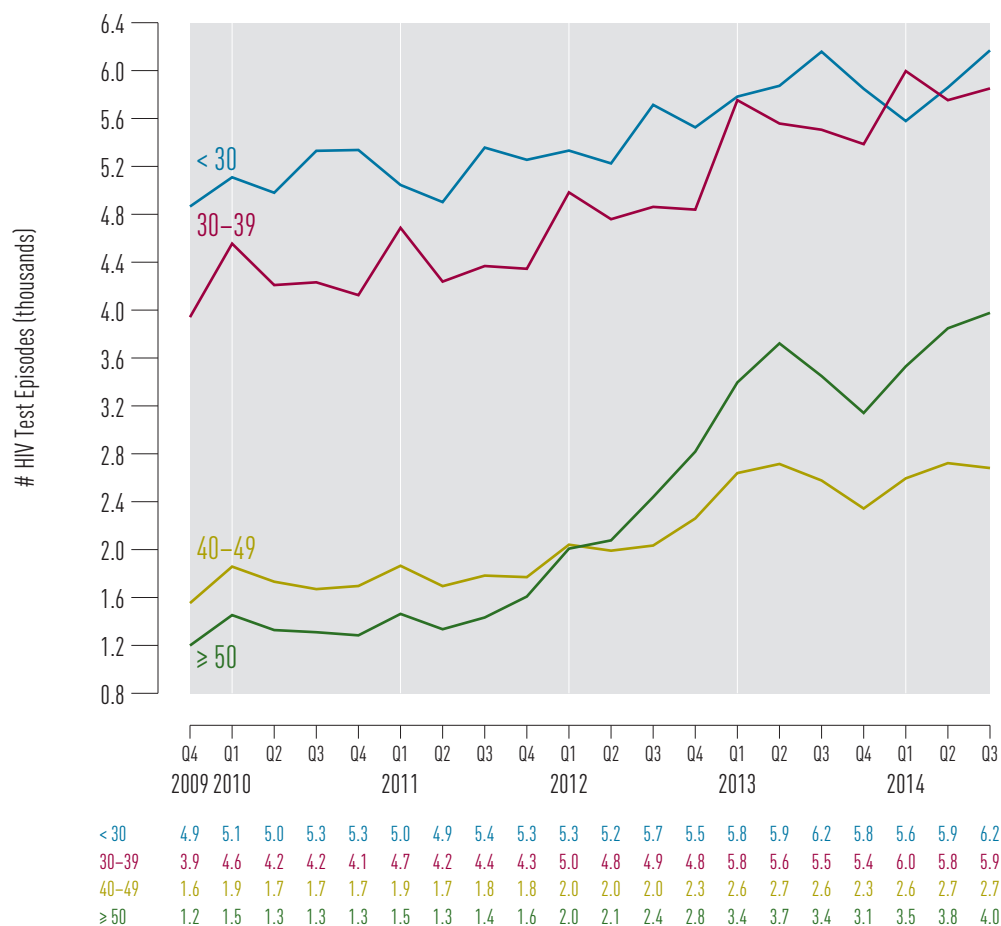
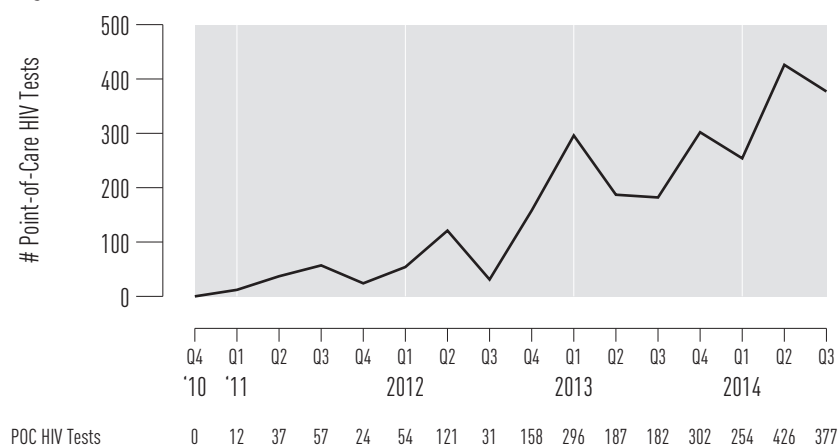


Figure 1.4 Point-of-Care HIV Tests for Fraser Health, 2010 Q4–2014 Q3 ¹



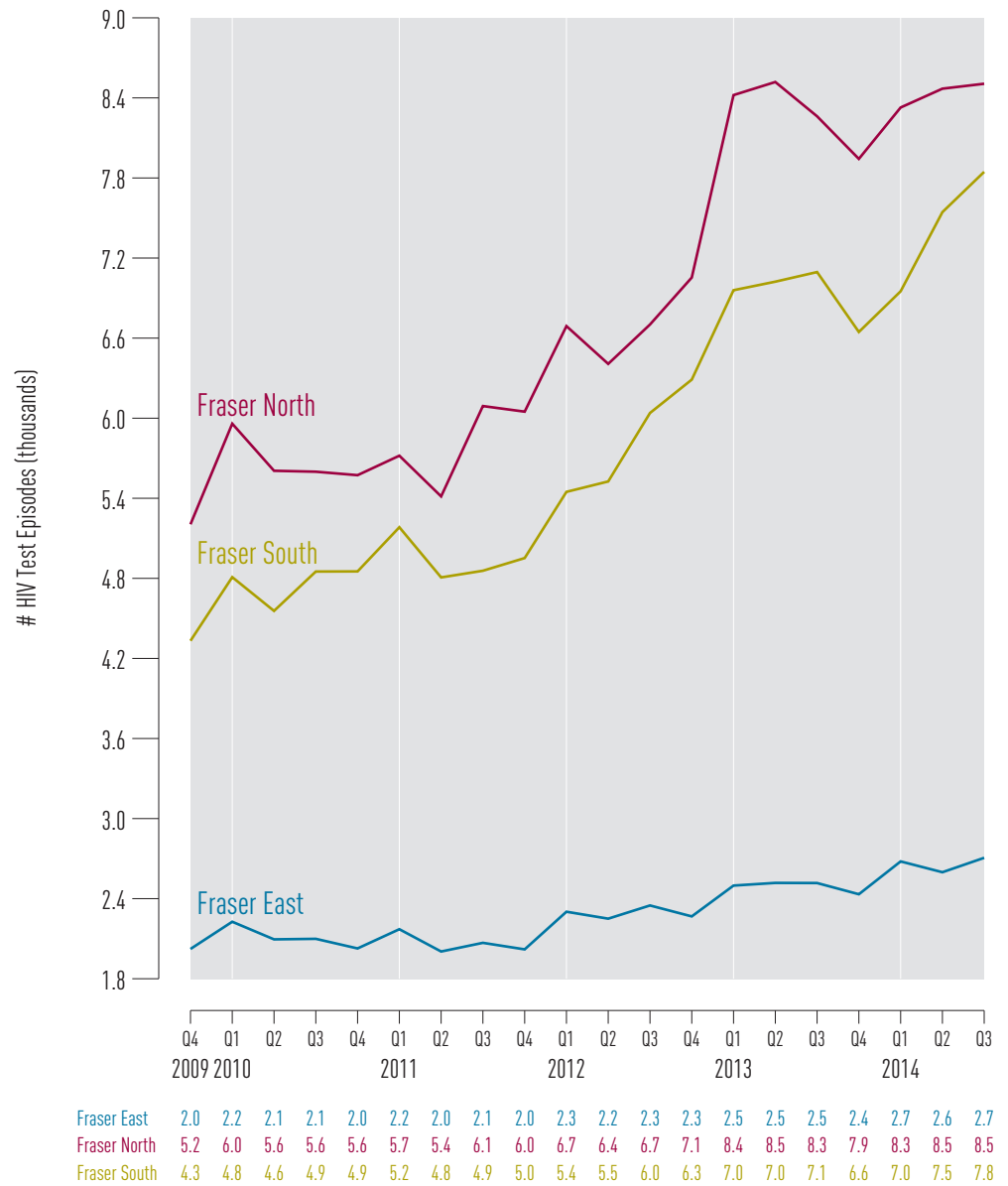
¹ Data Source: The BC Public Health Microbiology and Reference Laboratory (BCPHMRL) courtesy of the BC Centre for Disease Control (BCCDC).

Limitations:

- Repeat tests in individuals who test using various identifiers may not be identified and these individuals may be counted more than once.
- In Fraser Health, POC testing data are available from March 2011 forward.

² NB: Testing does not include point of care tests.

Figure 1.5 HIV Test Episodes for Fraser Health by HSDA, 2009 Q4–2014 Q3



Indicator 2. HIV Testing Rates

Figure 2.1 Rate of HIV Testing for Fraser Health and HSDAs, 2009–2013 ¹

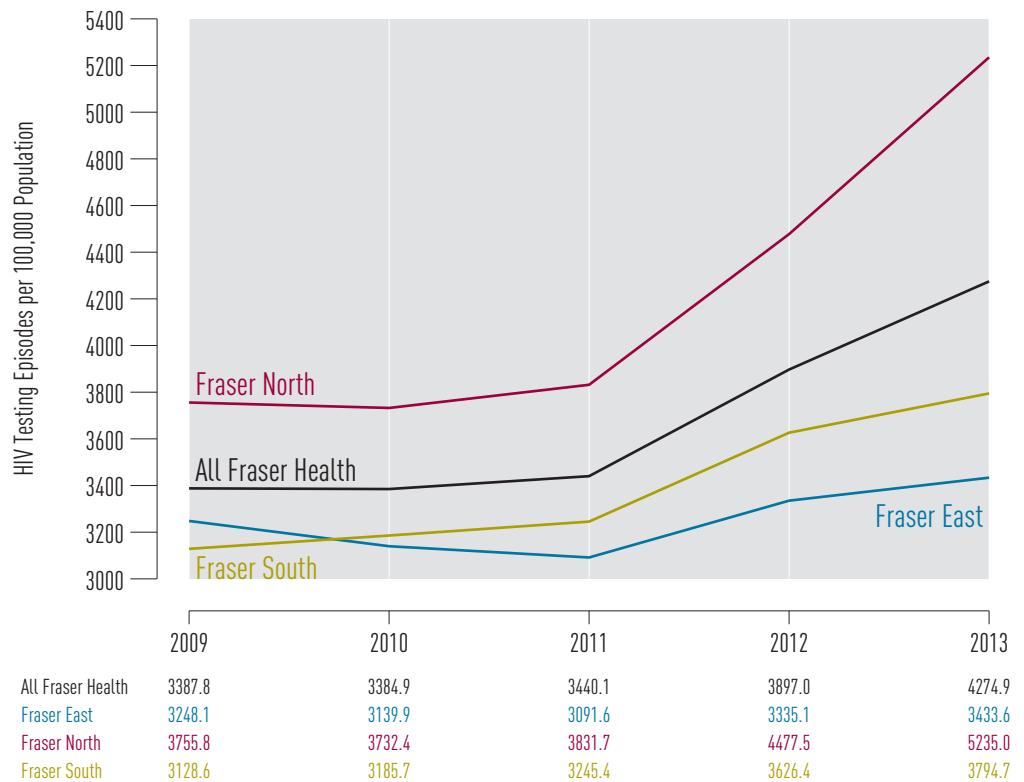


Figure 2.2 Rate of HIV Testing by Gender for Fraser Health, 2009–2013 ¹

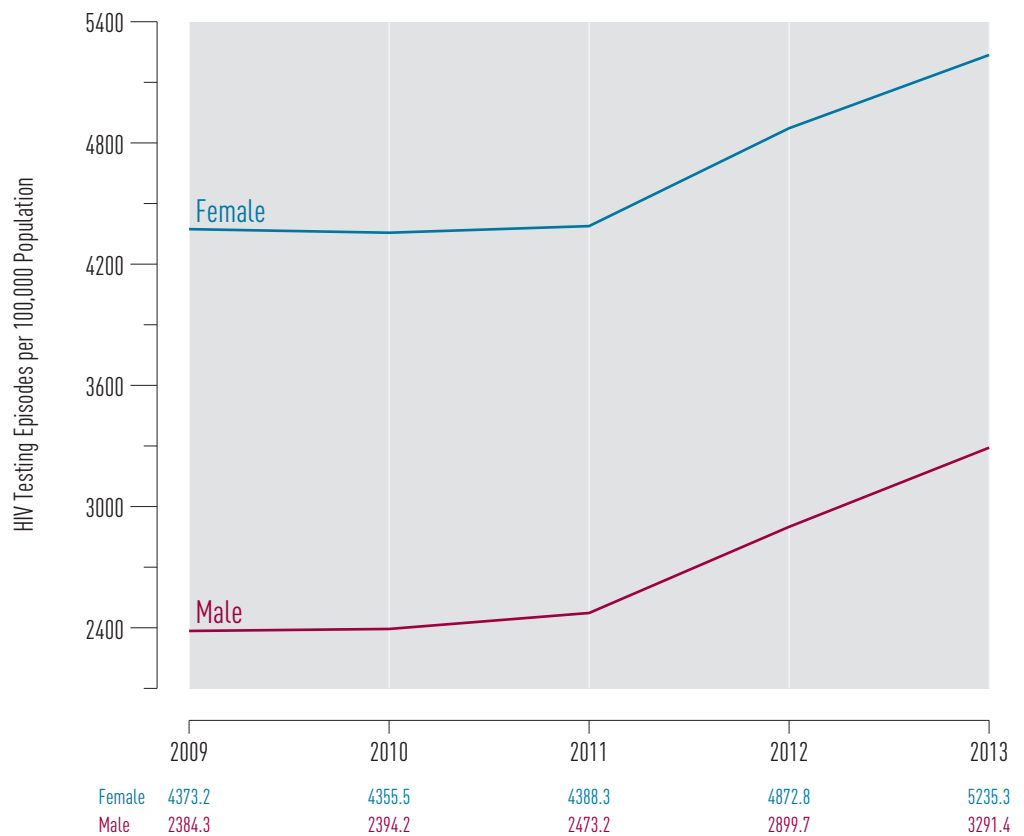
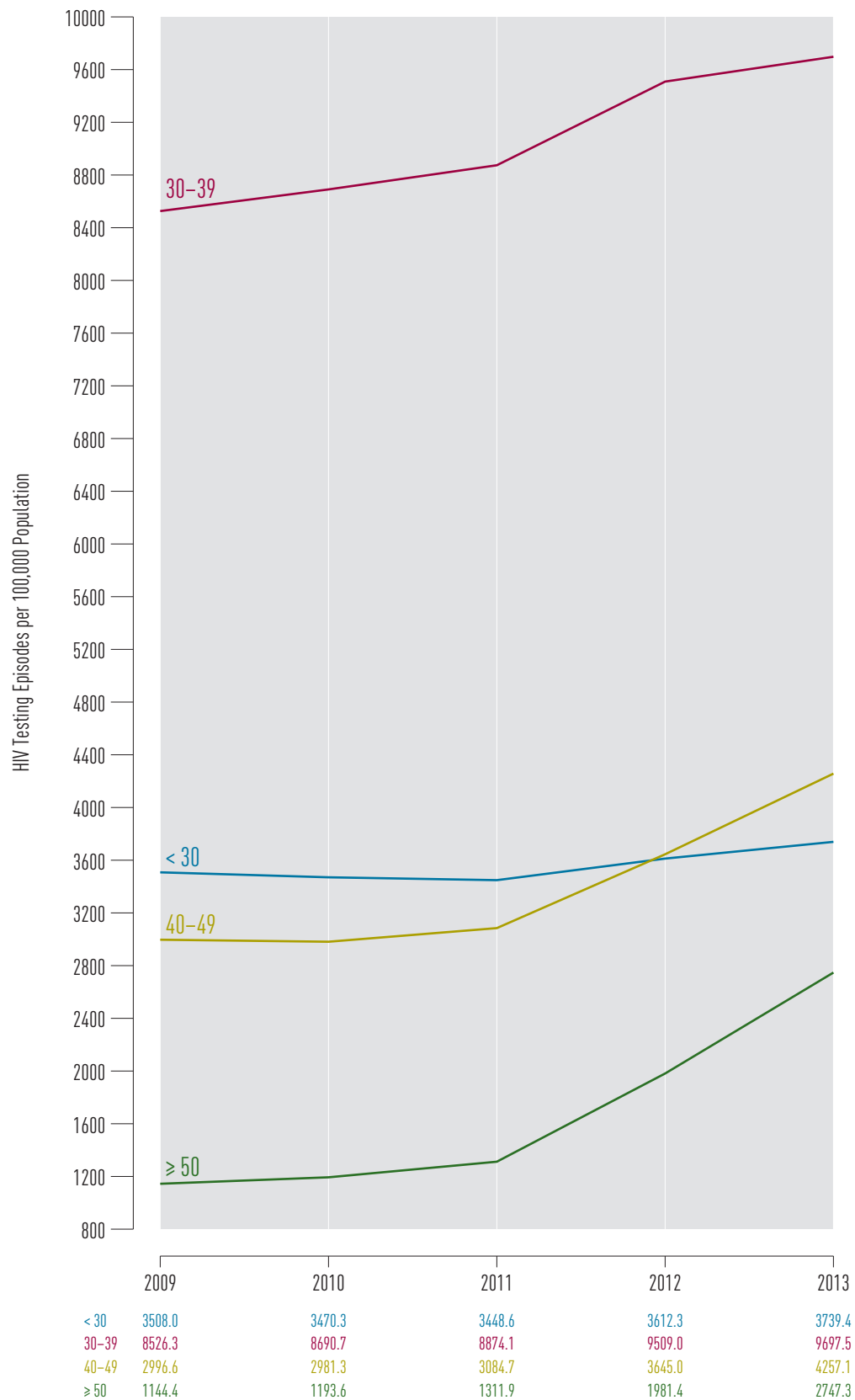


Figure 2.3 Rate of HIV Testing by Age Category for Fraser Health, 2009–2013 ¹



¹ NB: Testing does not include point of care tests.

New HIV Diagnoses

Trends in HIV diagnoses by gender and exposure category are described. Interpreting HIV diagnoses must be done with consideration that trends are influenced by both changes in testing rate as well as changes in transmission rates. It is important to note that new HIV diagnoses cases and rates are not synonymous with HIV incidence as a person may have become infected with HIV long before they tested positive for HIV. However, as there is no reliable method for measuring HIV incidence we follow trends in HIV diagnoses.

Indicator 3. New HIV Diagnoses

Figure 3.1 New HIV Diagnoses for Fraser Health, 2009 Q4–2014 Q3 ³

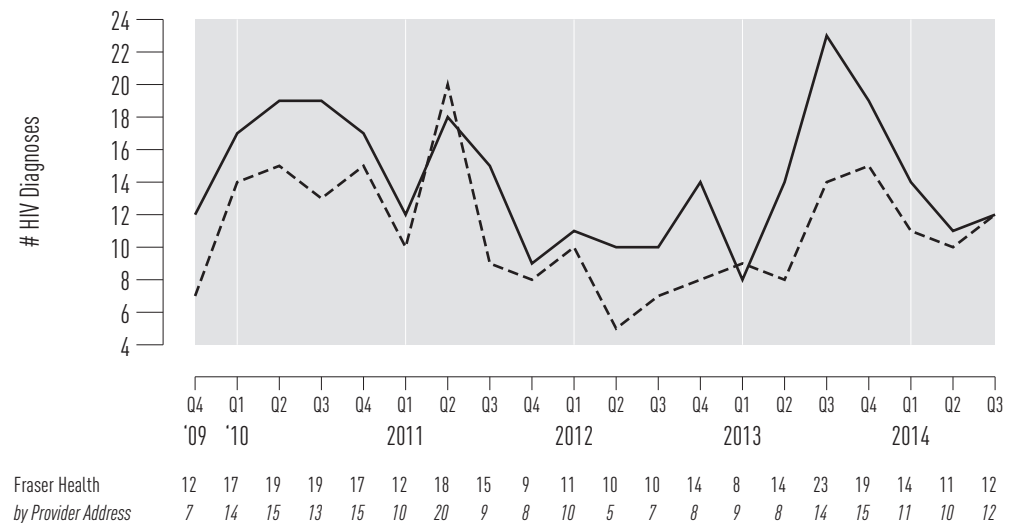
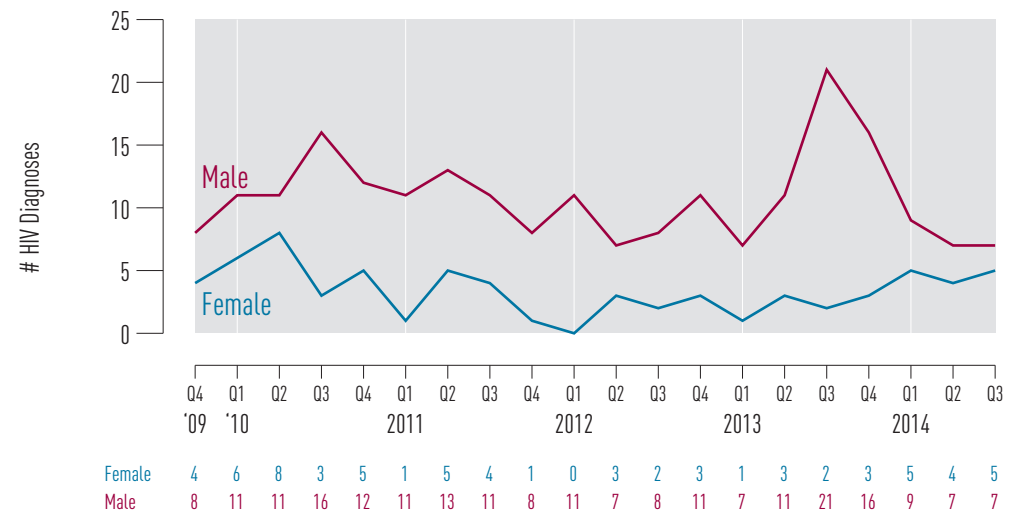


Figure 3.2 New HIV Diagnoses for Fraser Health by Gender, 2009 Q4–2014 Q3 ³



³ Data Source: BCCDC. "By Provider Address" is graphed as dashed line in same colour.

Figure 3.3 New HIV Diagnoses for Fraser Health by Age Category, 2009 Q4–2014 Q3 ³

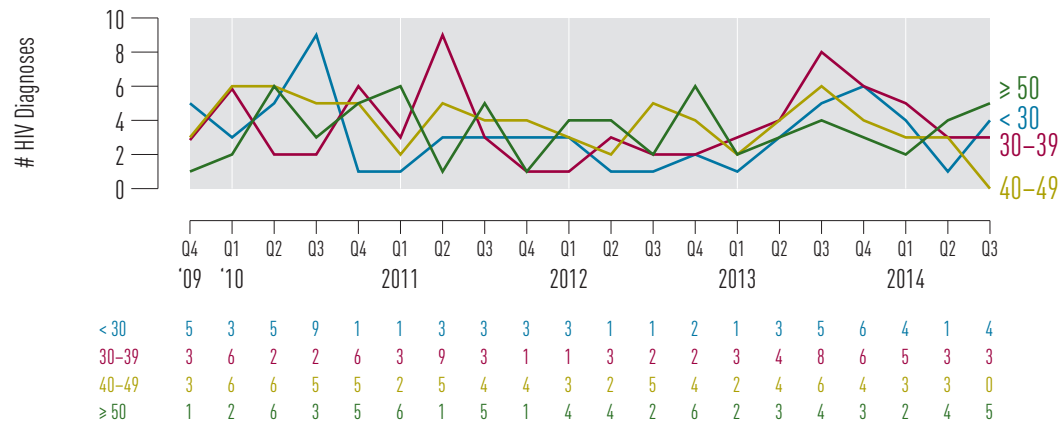


Figure 3.4 New HIV Diagnoses for Fraser Health by Exposure Category, 2009 Q4–2014 Q1 ^{3,4}

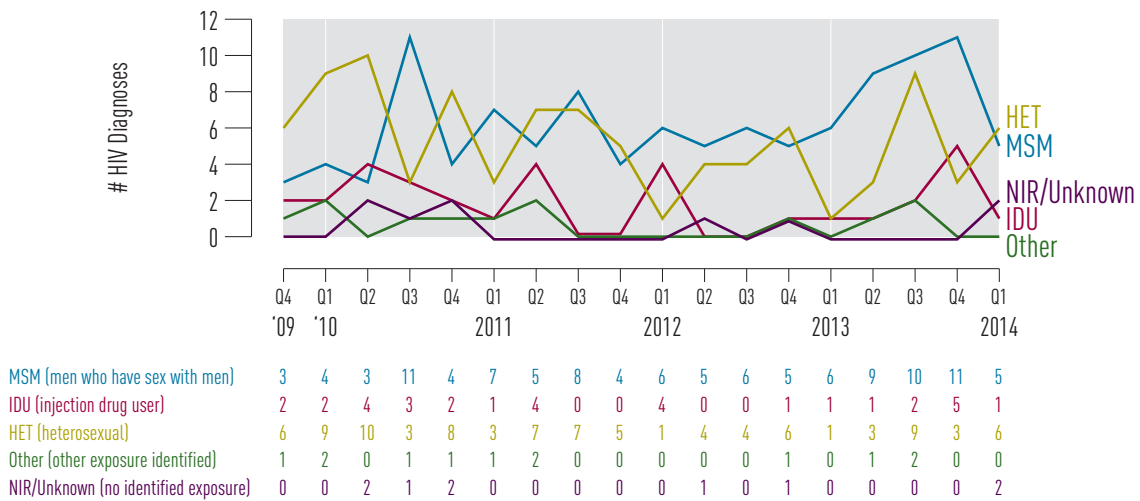
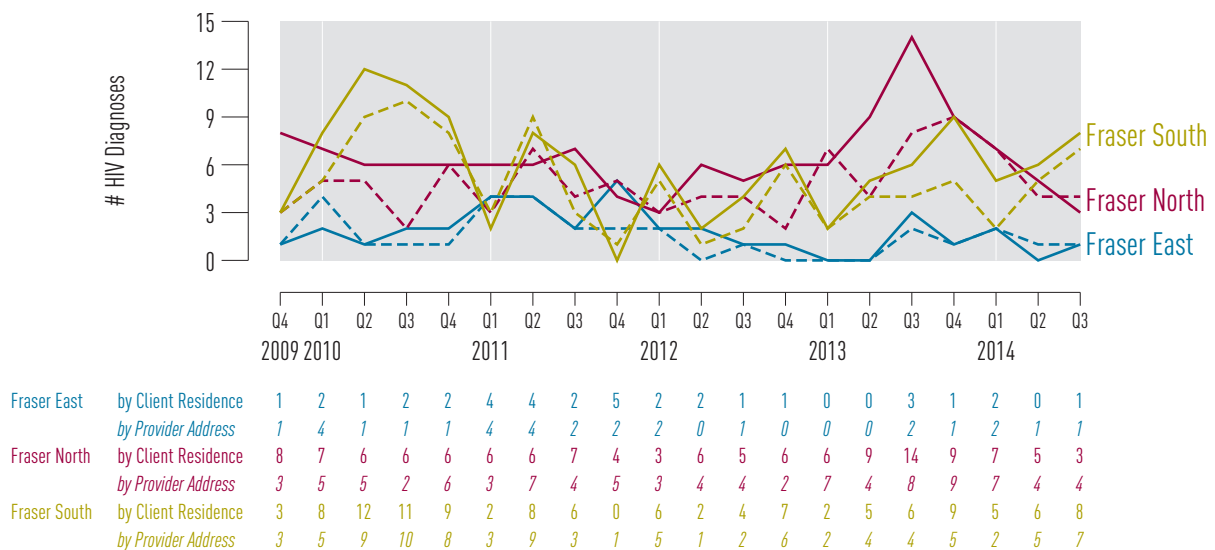


Figure 3.5 New HIV Diagnoses for Fraser Health by HSDA, 2009 Q4–2014 Q3 ³



³ Data Source: BCCDC. "By Provider Address" is graphed as dashed line in same colour.

⁴ MSM=men who have sex with men; IDU= injection drug user; HET=heterosexual. NIR=No identified risk/exposure.

Stage of HIV infection at diagnosis

Classification of stage of HIV infection, in the absence of information regarding recent testing history, is reliant on clinical information available at the time of diagnosis, including first CD4+ cell count, laboratory results suggestive of acute HIV infection, and clinical presentation with an AIDS-defining illness (Table 1). The benefits of Treatment as Prevention (TasP) are maximized when antiretroviral therapy (ART) is initiated at high CD4 cell counts. Accordingly, it is preferable that individuals newly diagnosed with HIV be in the early stages of HIV infection (stage 0 or 1) to allow for early ART initiation.

N.B. Interpretation of stage of HIV infection at diagnosis should proceed with caution. Early increases in diagnosis at late stage (i.e., low CD4 counts) may represent a “catching up” of previously missed long term infected individuals rather than a trend toward diagnosis at later stage of infection.

Indicator 4. Stage of HIV Infection at Diagnosis

Table 1 Staging Classifications of Infection at Time of HIV Diagnosis Based on CDC HIV Surveillance Case Definitions

Stage	Criteria		
0	Laboratory criteria met for acute HIV infection, or previous negative or indeterminate HIV test within 180 days of first confirmed positive HIV test.		
1	Stage 0 not met	CD4 ≥500	No AIDS case report
2a		CD4 350–499	
2b		CD4 200–349	
3		(CD4 <200	AIDS case report)
Unknown		No available CD4	No AIDS case report

Figure 4.1 Stage of HIV Infection at Diagnosis for Fraser Health, 2010–2013 ⁵

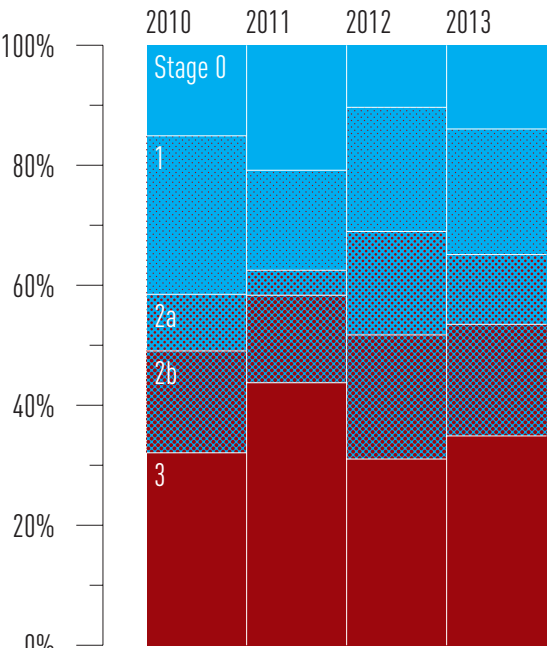
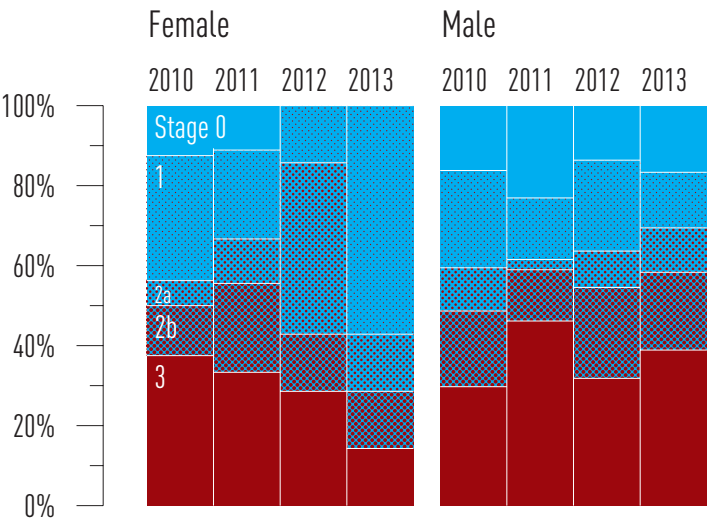


Figure 4.2 Stage of HIV Infection at Diagnosis by Gender for Fraser Health, 2010–2013 ⁵



	Fraser Health				Female				Male			
	2010	2011	2012	2013	2010	2011	2012	2013	2010	2011	2012	2013
Stage 0	8	10	3	6	2	1	0	0	6	9	3	6
Stage 1	14	8	6	9	5	2	1	4	9	6	5	5
Stage 2a	5	2	5	5	1	1	3	1	4	1	2	4
Stage 2b	9	7	6	8	2	2	1	1	7	5	5	7
Stage 3	17	21	9	15	6	3	2	1	11	18	7	14
Unknown	2	1	2	4	0	1	0	0	2	0	2	4
Total (n=)	55	49	31	47	16	10	7	7	39	39	24	40

Figure 4.3 Stage of HIV Infection at Diagnosis by Age Category for Fraser Health, 2010–2013 ⁵

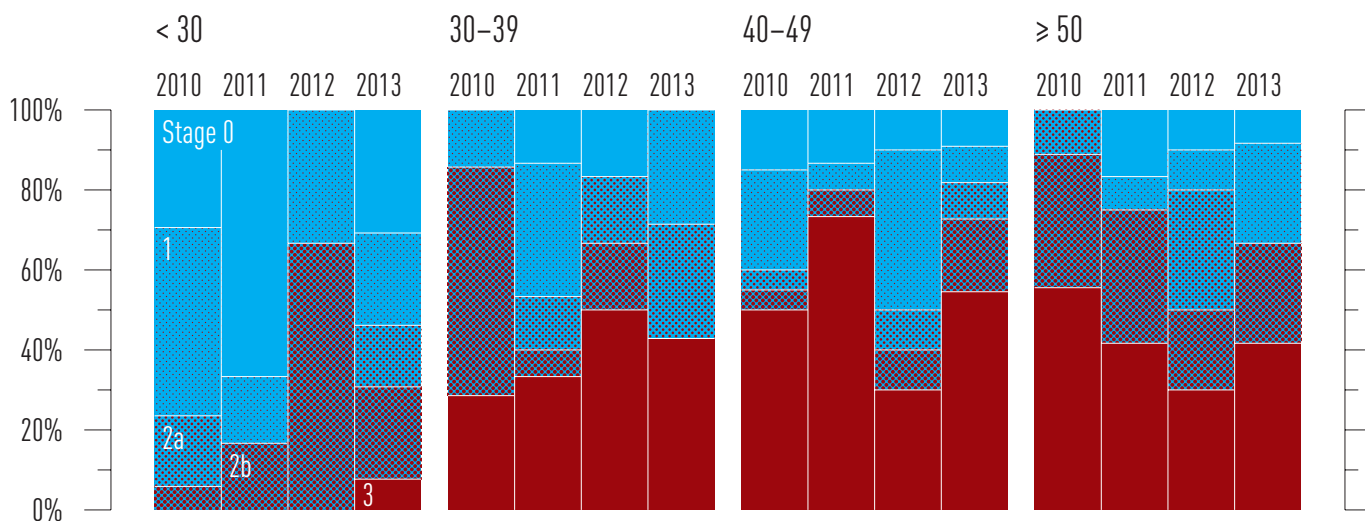
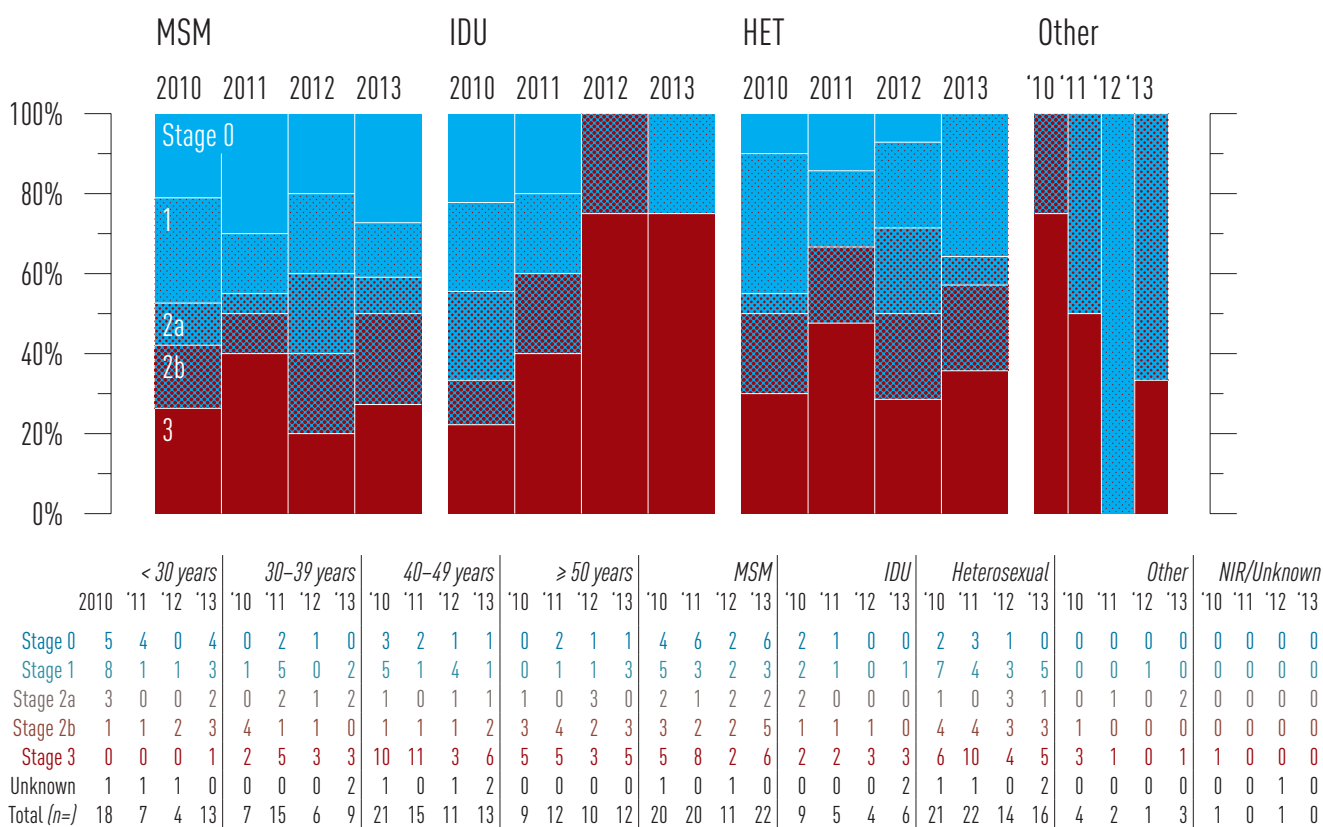


Figure 4.4 Stage of HIV Infection at Diagnosis by Exposure Category for Fraser Health, 2010–2013 ^{5,6}



6 MSM=men who have sex with men; IDU= injection drug user; HET=heterosexual. NIR=No identified risk/exposure.

Indicator 5. HIV Cascade of Care

The success of seek, test, treat and retain (STTR) strategies like STOP is reliant on early diagnosis of HIV, linking newly diagnosed HIV-positive persons with ongoing care, retaining persons in HIV-care; initiating ART based on best evidenced practices and maintaining optimal ART adherence to ensure a suppressed viral load. These stages of HIV-care can be summarized as: 1. HIV diagnosis, 2. Linkage to HIV care, 3. Retention in HIV care, 4. On ART and 5. Achieving a suppressed VL; collectively, they are referred to as the cascade of care. Leakage between any of these stages of HIV-care means a reduction in the potential of ART as a benefit to the HIV-positive individual and as an HIV transmission prevention method on a population level. Thus, when interpreting trends in the cascade of care, we strive to see increases along each step of the cascade of care (ie. reduced attrition) with the ultimate goal being 100% within each stage of the cascade. Monitoring the Cascade of Care provides a picture as to where deficiencies lie in the delivery and uptake of HIV-care. In this section we present the cascade of care for the year 2012 in BC overall and stratified by sex and age for each Health Authority.

Figure 5.1 Estimated Cascade of Care for Fraser Health, Year Ending 2014 Q3 ⁷

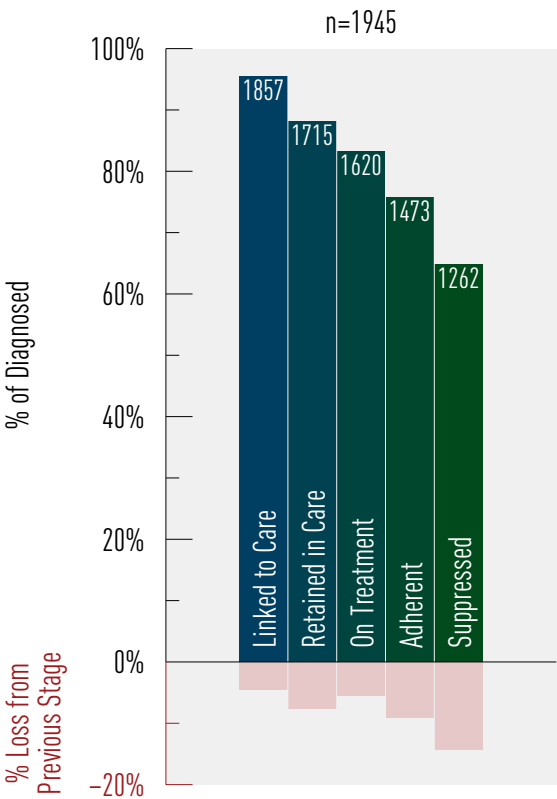
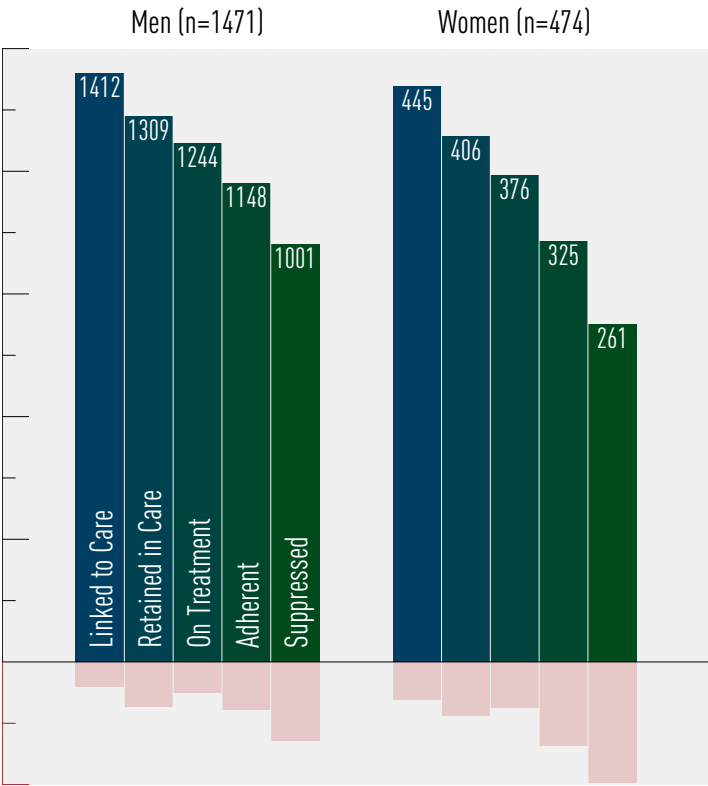


Figure 5.2 Estimated Cascade of Care for Fraser Health by Gender, Year Ending 2014 Q3 ⁸



^{7,8} Data is for the period 2013 Q4–2014 Q3.

Data Sources:

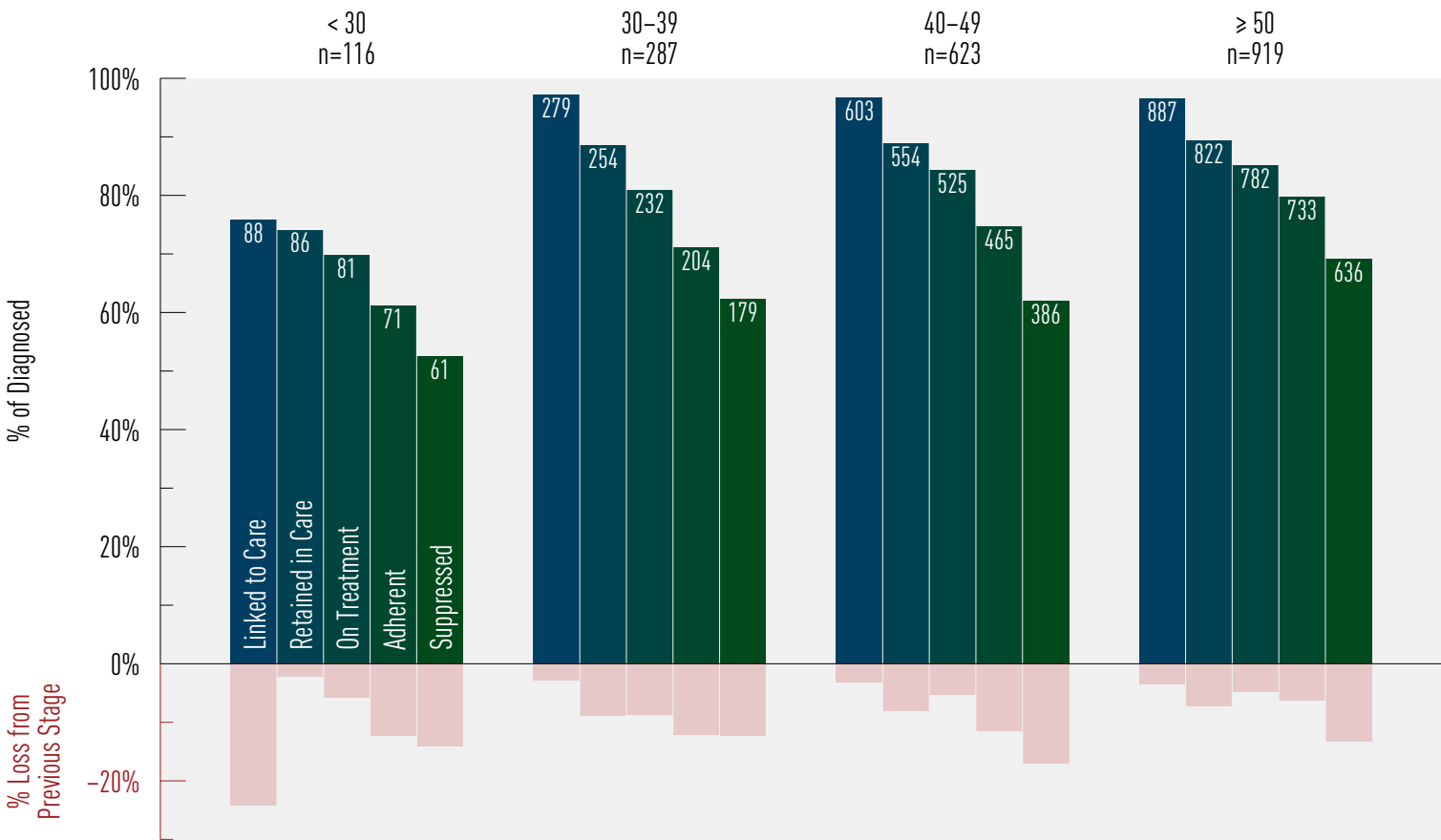
¹ British Columbia Centre for Excellence Drug Treatment Program (DTP) Database (ARV use, VL and CD4 count).

² Administrative data (ex. MSP billings; hospitalization data from the Discharge Abstract Database (DAD)).

Limitations: HA assignment is based on the most recent HA of residence of the patient, if not available of the HIV-care provider. If the most recent HA of residence is not updated then the designated HA may be incorrect.

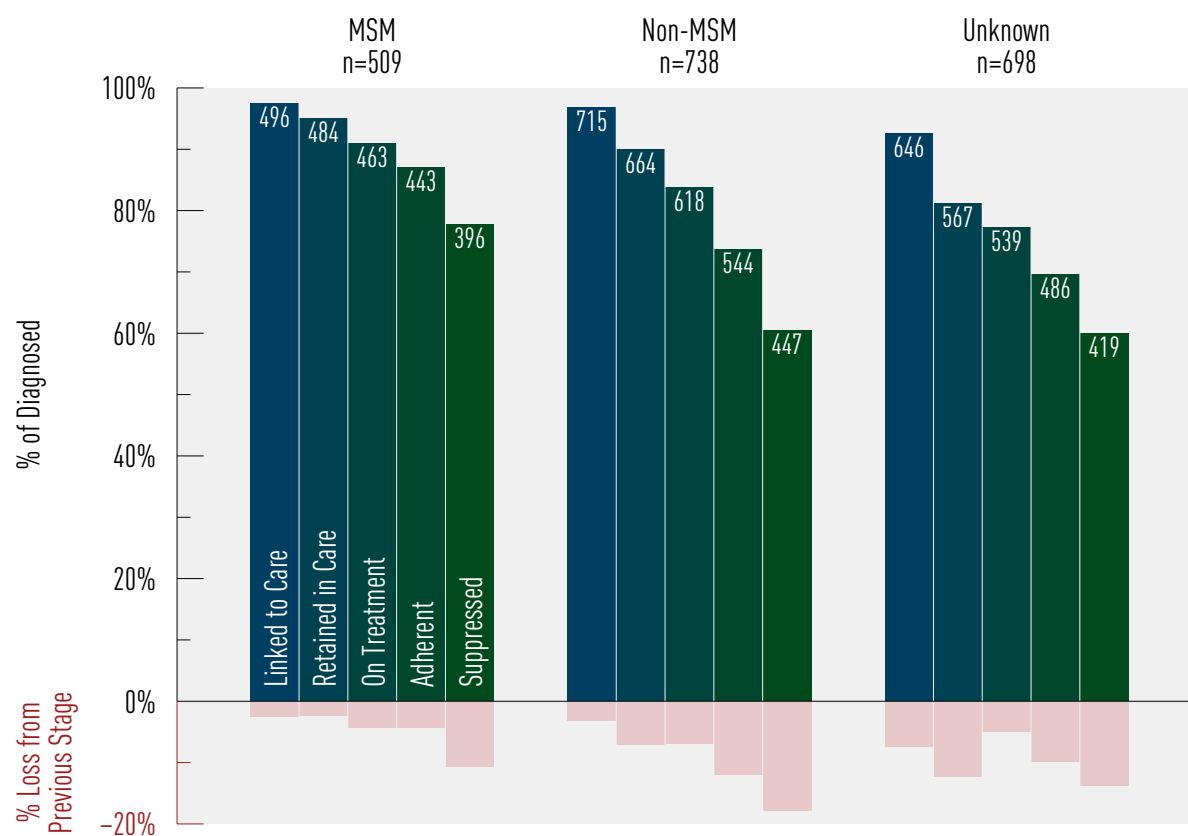
NB: Transgender has been assigned to their biological sex.

Figure 5.3 Estimated Cascade of Care for Fraser Health by Age Category, Year Ending 2014 Q3 ⁹



⁹ Data is for the period 2013 Q4–2014 Q3.
Data Sources:
1 British Columbia Centre for Excellence Drug Treatment Program (DTP) Database (ARV use, VL and CD4 count).
2 Administrative data (ex. MSP billings; hospitalization data from the Discharge Abstract Database (DAD)).
Limitations: HA assignment is based on the most recent HA of residence of the patient, if not available of the HIV-care provider.
If the most recent HA of residence is not updated then the designated HA may be incorrect.

Figure 5.4 Estimated Cascade of Care for Fraser Health by MSM Status, Year Ending 2014 Q3 ¹⁰



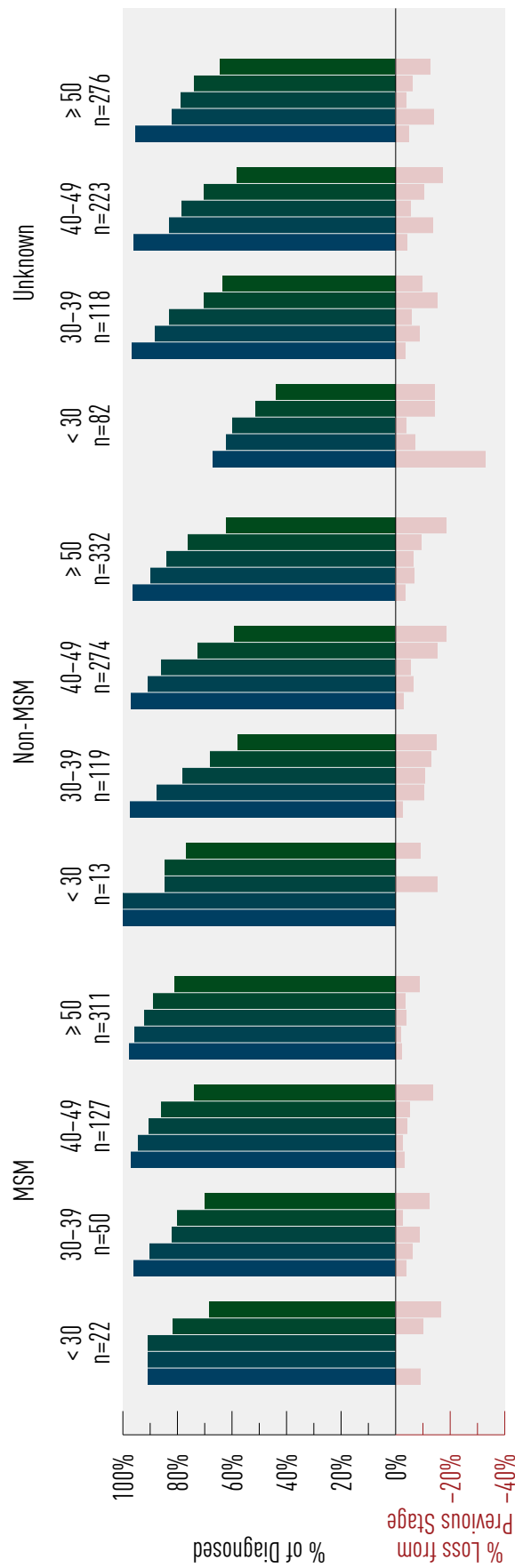
¹⁰ Data is for the period 2013 Q4–2014 Q3.

Data Sources:

- 1 British Columbia Centre for Excellence Drug Treatment Program (DTP) Database (ARV use, VL and CD4 count).
- 2 Administrative data (ex. MSP billings; hospitalization data from the Discharge Abstract Database (DAD)).

Limitations: HA assignment is based on the most recent HA of residence of the patient, if not available of the HIV-care provider. If the most recent HA of residence is not updated then the designated HA may be incorrect.

Figure 5.5 Estimated Cascade of Care for Fraser Health by Age Category and MSM Status, Year Ending 2014 Q3¹¹

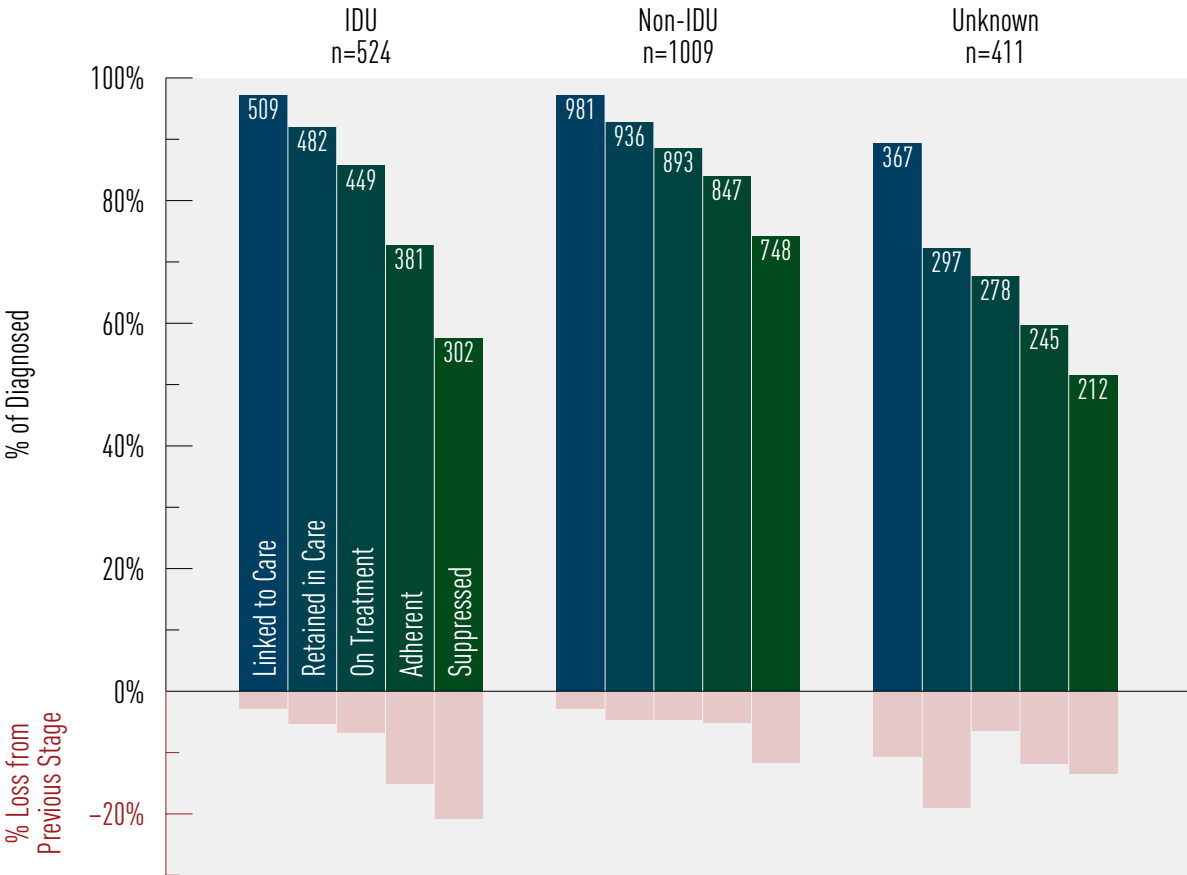


¹¹ Data is for the period 2013 Q4–2014 Q3.

Data Sources:

- 1 British Columbia Centre for Excellence Drug Treatment Program (DTP) Database (ARV use, VL and CD4 count).
 - 2 Administrative data (ex. MSP billings; hospitalization data from the Discharge Abstract Database (DAD)).
- Limitations: HA assignment is based on the most recent HA of residence of the patient, if not available of the HIV-care provider. If the most recent HA of residence is not updated then the designated HA may be incorrect.

Figure 5.6 Estimated Cascade of Care for Fraser Health by History of IDU, Year Ending 2014 Q3 ¹²



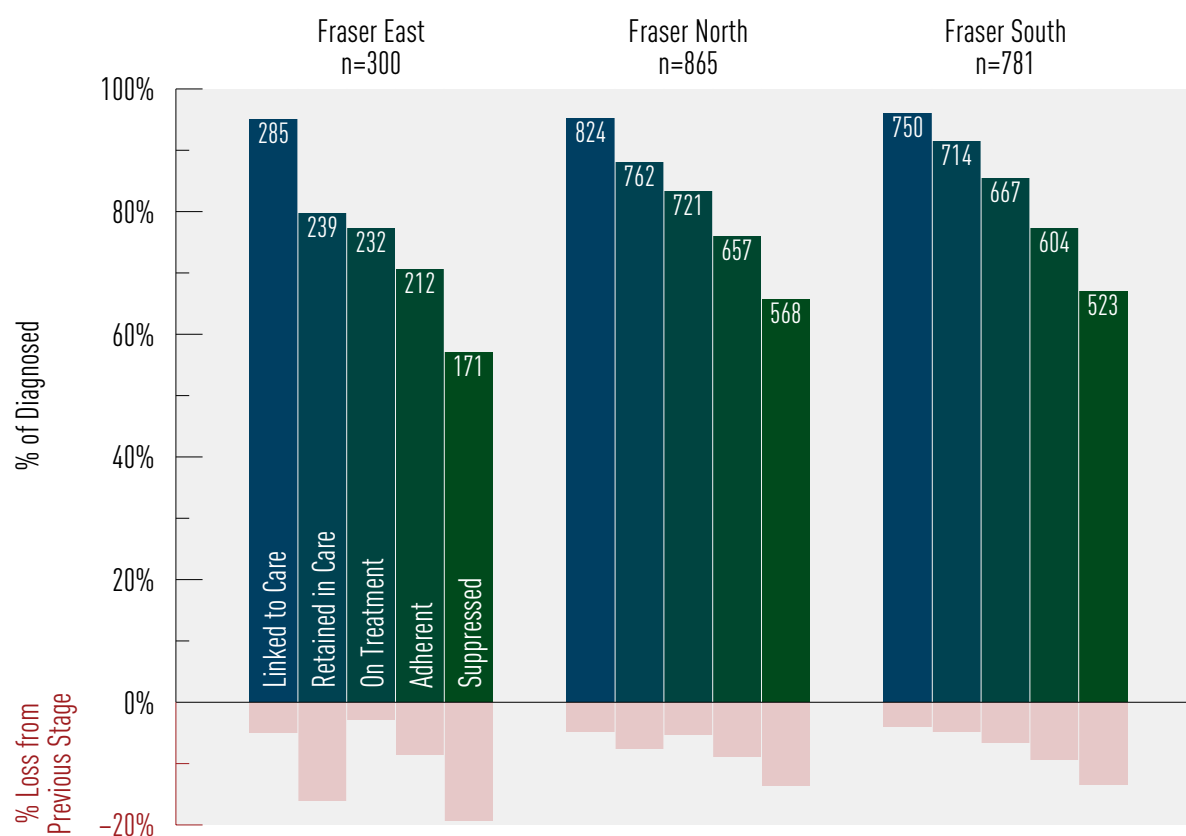
¹² Data is for the period 2013 Q4–2014 Q3.

Data Sources:

- 1 British Columbia Centre for Excellence Drug Treatment Program (DTP) Database (ARV use, VL and CD4 count).
- 2 Administrative data (ex. MSP billings; hospitalization data from the Discharge Abstract Database (DAD)).

Limitations: HA assignment is based on the most recent HA of residence of the patient, if not available of the HIV-care provider. If the most recent HA of residence is not updated then the designated HA may be incorrect.

Figure 5.7 Estimated Cascade of Care for Fraser Health by HSDA, Year Ending 2014 Q3 ¹³



¹³ Data is for the period 2013 Q4–2014 Q3.

Data Sources:

- 1 British Columbia Centre for Excellence Drug Treatment Program (DTP) Database (ARV use, VL and CD4 count).
- 2 Administrative data (ex. MSP billings; hospitalization data from the Discharge Abstract Database (DAD)).

Limitations: HA assignment is based on the most recent HA of residence of the patient, if not available of the HIV-care provider. If the most recent HA of residence is not updated then the designated HA may be incorrect.

Indicator 6. The Programmatic Compliance Score (PCS)

The Programmatic Compliance Score (PCS) is a summary measure of risk of future death, immunologic failure and virologic failure from all causes for people who are starting ART for the first time. It is composed of patient- and physician-driven effects. PCS scores range from 0–6 with higher scores indicative of poorer health outcomes and greater risk of death. Table 1 provides mortality, immunologic failure and virologic failure probabilities for given PCS scores. We interpret an individual with a $PCS \geq 4$ as being 22 times more likely to die, almost 10 times more likely to have immunologic failure and nearly 4 times as likely to demonstrate virologic failure compared to those individuals with a PCS score of 0. A detailed description of how the PCS score is calculated and its validation can be found in the technical report. In short, PCS scores are calculated by summing the results (yes=1, no=0) of six un-weighted non-performance indicators based on IAS–USA treatment guidelines:

1. having <3 CD4 cell count tests in the first year after starting antiretroviral therapy (ART);
2. having <3 plasma viral load (VL) tests in the first year after starting ART;
3. not having drug resistance testing done prior to starting ART;
4. starting on a non-recommended ART regimen;
5. starting therapy with $CD4 < 200$ cells/ μ L; and
6. not achieving viral suppression within 9 months since ART initiation.

In this section we provide PCS scores and their components over time for the province of BC. A decline to 0%, (**i.e., all individuals having a score of 0**) is the eventual goal.

Table 2. The Probability of Mortality, Immunologic Failure and Virologic Failure based on the Programmatic Compliance Score

Programmatic Compliance Score	Mortality Risk Ratio (95% Confidence Interval)	Immunologic Failure Risk Ratio (95% CI)	Virologic Failure Risk Ratio (95% CI)
0 (Best score)	1 (–)	1 (–)	1 (–)
1	3.81 (1.73–8.42)	1.39 (1.04–1.85)	1.32 (1.05–1.67)
2	7.97 (3.70–17.18)	2.17 (1.54–3.04)	1.86 (1.46–2.38)
3	11.51 (5.28–25.08)	2.93 (1.89–4.54)	2.98 (2.16–4.11)
4 or more (Worst score)	22.37 (10.46–47.84)	9.71 (5.72–16.47)	3.80 (2.52–5.73)

Reference: Lima VD, Le A, Nosyk B, Barrios R, Yip B, et al. (2012) Development and Validation of a Composite Programmatic Assessment Tool for HIV Therapy. *PLoS ONE* 7(11): e47859. doi:10.1371/journal.pone.0047859

Figure 6.1 PCS Components for Fraser Health, 2012 Q4–2014 Q3 ¹⁴

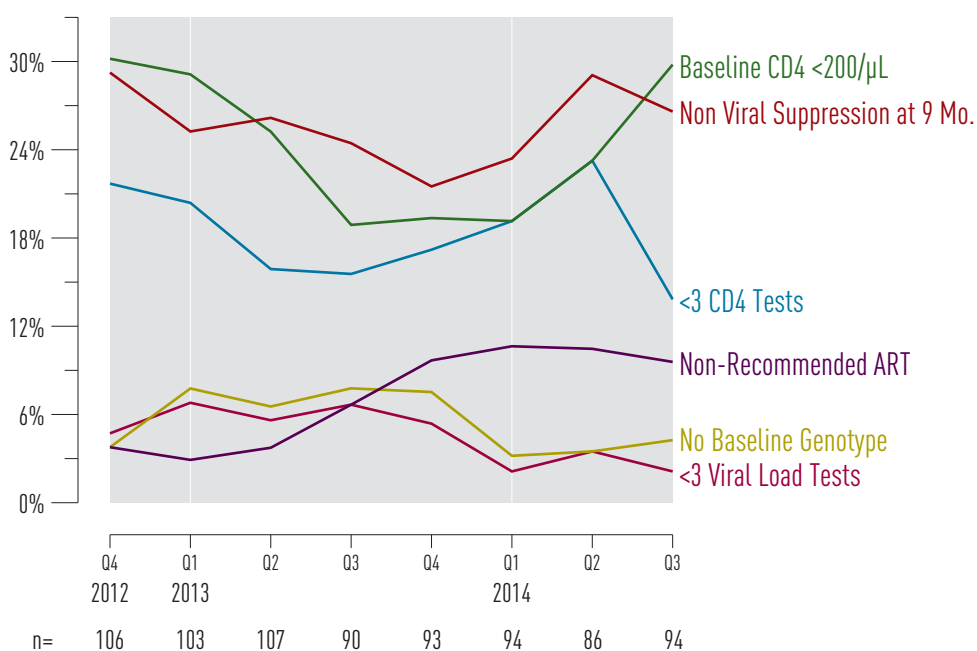
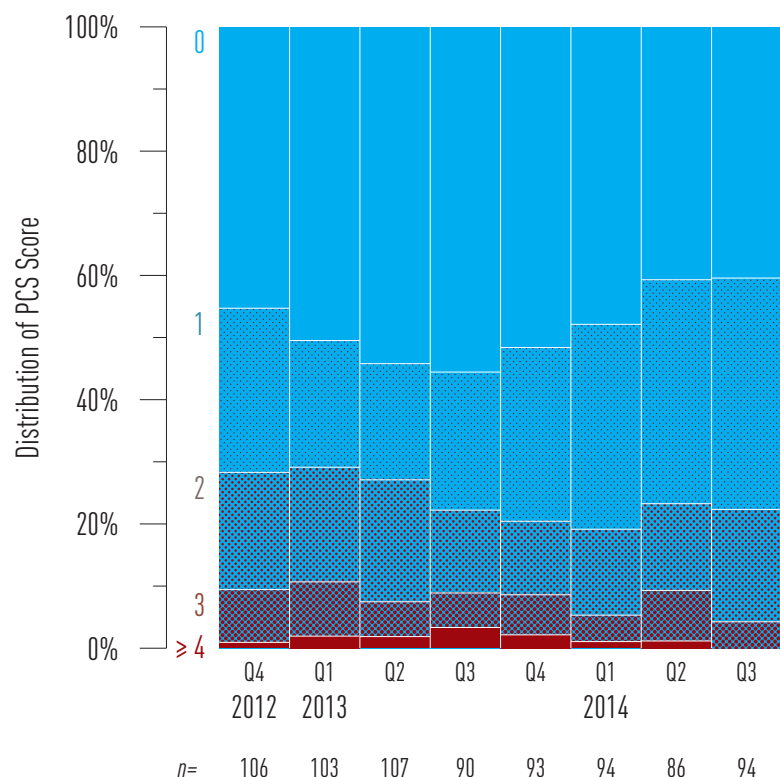


Figure 6.2 Historical Trends for PCS Score for Fraser Health, 2012 Q4–2014 Q3 ^{14,15}



¹⁴ Data Source: British Columbia Centre for Excellence Drug Treatment Program (DTP) Database. Limitations: CD4 cell count capture is approximately 80%.

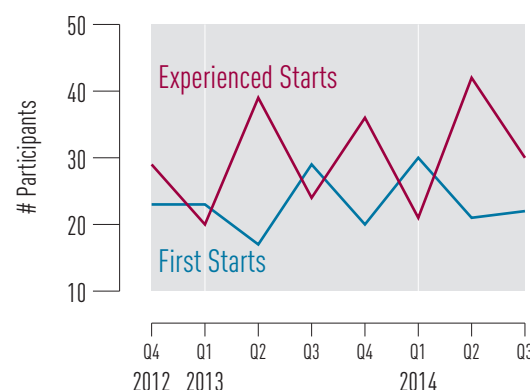
¹⁵ Each quarter's data is calculated as the sum of the 4 quarters leading up to it. e.g. 2013 Q1 is calculated from 2012 Q2 – 2013 Q1. NB: A score of 0 is the best score and a score of 4 or more is the worst score.

Antiretroviral Uptake

In this section we present trends in ART uptake, the number and proportion of new HIV treatment initiations and the number of active and inactive DTP participants. Trends in ART uptake should be interpreted under the consideration of changing BC HIV treatment guidelines. BC HIV treatment guidelines are updated regularly by the BC-CfE Therapeutic Guidelines Committee and reflect those of the International AIDS Society. Most recent changes were made in 2012 and HIV treatment is now recommended for all HIV-positive adults regardless of CD4 cell count; as evidence demonstrates that early initiation of HIV treatment maximizes both the individual's health outcomes as well as the potential of ART as a form of HIV transmission prevention at a population level. As such, trends in the number and proportion of persons on ART and new ART starts (in both naïve and experienced persons) are expected to increase over time at higher CD4 cell counts.

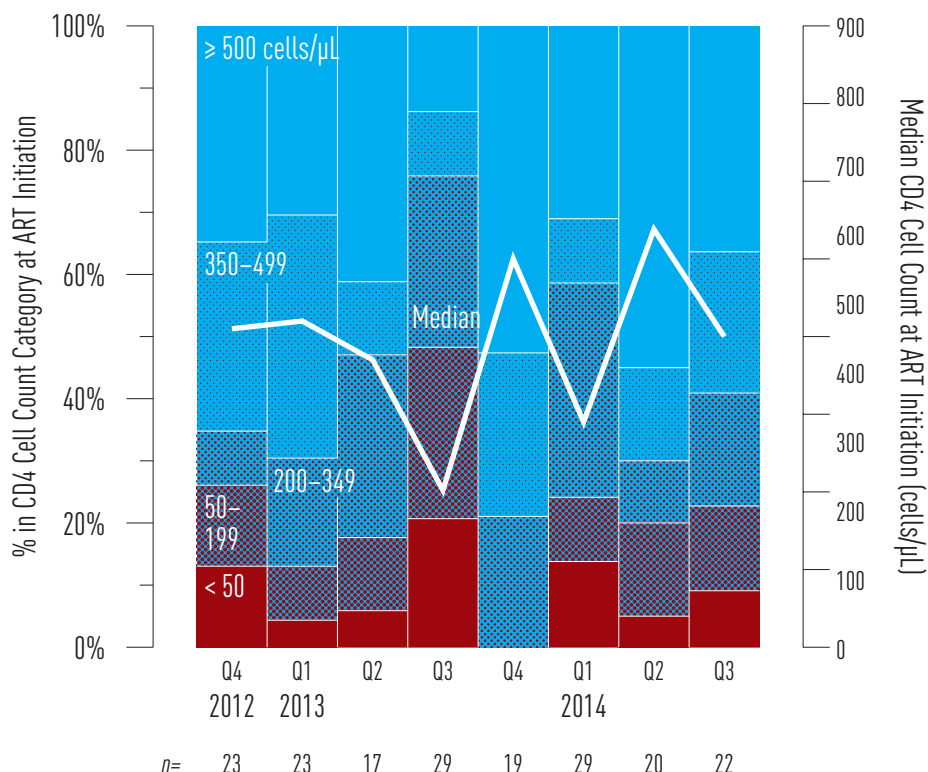
Indicator 7. New Antiretroviral Therapy Starts in Fraser Health

Figure 7 BC-CfE Drug Treatment Program Enrollment: New ART Participants in Fraser Health, 2012 Q4–2014 Q3 ¹⁶



Indicator 8. CD4 Cell Count at ART Initiation

Figure 8 CD4 Cell Count at ART Initiation of ART-Naïve DTP Participants in Fraser Health, 2012 Q4–2014 Q3 ¹⁷



¹⁶ Data Source: Drug Treatment Program Database

Limitation: DTP participants are designated to an HA based on most current residence provided by the participant.

¹⁷ Data Source: Drug Treatment Program Database

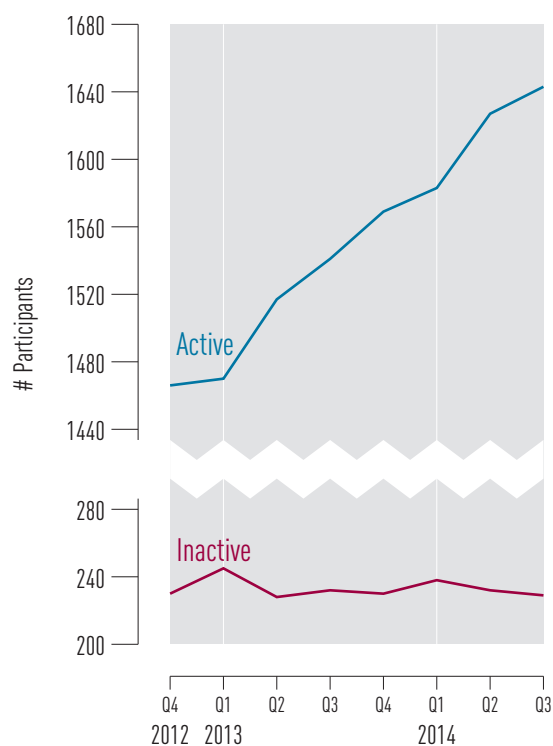
Limitations: CD4 cell count data is approximately 80% complete.

Indicator 9. Active and Inactive DTP Participants

Table 3. Distribution of People on ART for Fraser Health, 2014 Q3 ¹⁸

Age	< 30	78
	30–39	258
	40–49	537
	≥ 50	770
Gender	Male	1262
	Female	381
Exposure	MSM	471
	IDU	444
Total		1643

Figure 9 Active and Inactive DTP Participants in Fraser Health, 2012 Q4–2014 Q3 ¹⁹



¹⁸ Data Source: Drug Treatment Program Database

Limitation: DTP participants are designated to an HA based on most current residence provided by the participant.

Definitions:

'On antiretroviral therapy' defined as being on treatment in the current quarter

'Unknown/not stated' defined as being on treatment in the current quarter, and city of residence unknown

¹⁹ Active DTP participants: are those who are prescribed one or more drugs in the last six months.

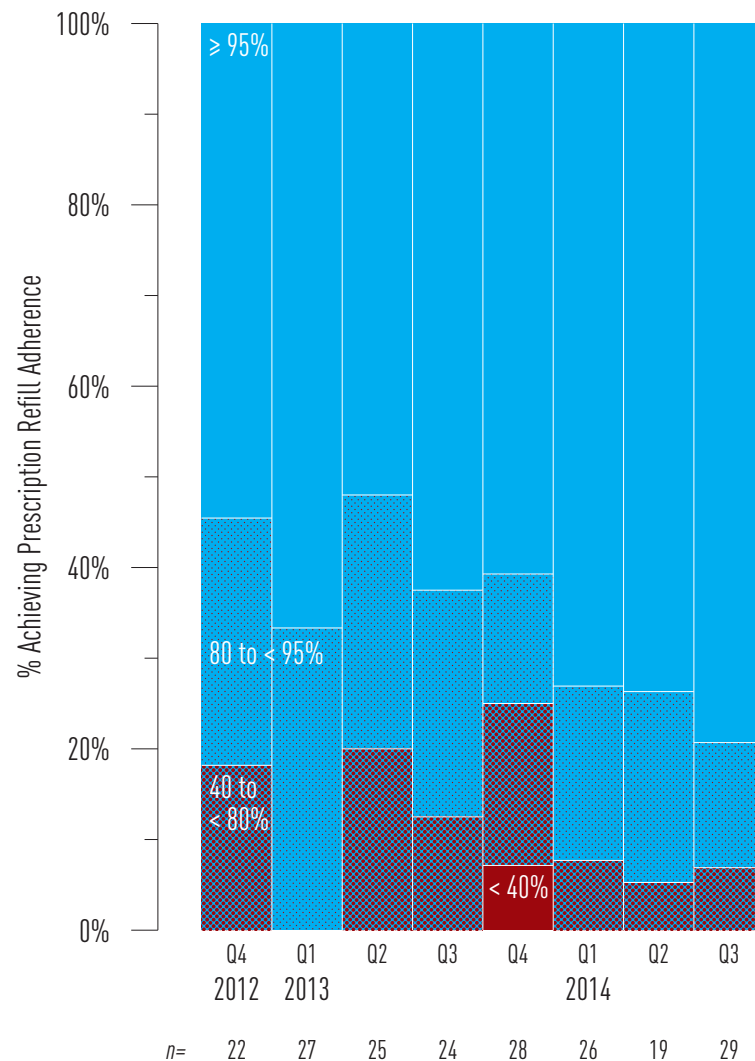
Inactive DTP Participants: Persons no longer prescribed drugs through the HIV/AIDS Drug Treatment Program in the last quarter.

Antiretroviral Adherence Level

In this section we present trends in prescription refill adherence levels for individuals in their first year of treatment. Given that the benefits of ART are compromised in the presence of imperfect ART adherence, we expect to see the proportion of persons on ART achieving **near perfect adherence** (ie. $\geq 95\%$) to increase with time. Furthermore, it is important that trends in the proportion of ART users achieving prescription refill adherence of $\geq 95\%$ keep pace with new ART starts and increase among those continuing on ART.

Indicator 10. Antiretroviral Adherence

Figure 10 Distribution of Individuals by Adherence Level in 1st Year of Therapy, Based on Pharmacy Refill Compliance for Fraser Health, 2012 Q4–2014 Q3 ²⁰

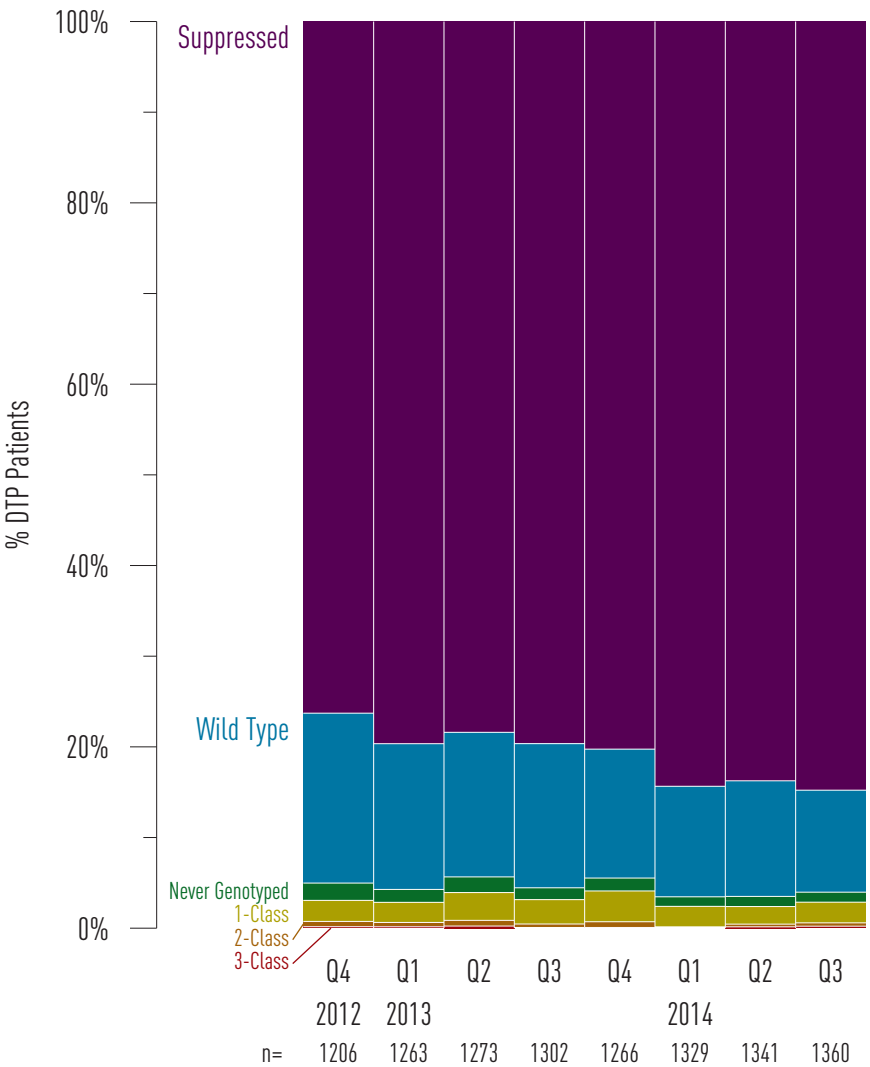


²⁰ Data Source: Drug Treatment Program Database
Limitation: Prescription refill adherence is used as a proxy for patient adherence.

Indicator 11. Resistance Testing and Results

In this section, we present trends in cumulative resistance testing by resistance category: **Suppressed** (where a DTP participant's viral load is too low to be genotyped); **Wild Type** (where no HIV treatment resistances were discovered), **Never Genotyped**, and Resistances to **one**, **two** or **three** HIV treatment classes. Resistance testing prior to ART initiation is recommended in the BC HIV treatment primary care guidelines. Thus, it is expected that trends over time should find all persons enrolled in the DTP to have been genotyped. Trends over time should also show an increase in the proportion of DTP participants achieving a suppressed status and an increase in resistance testing should not lead to an increase in the number of ART resistances occurring.

Figure 11 Cumulative Resistance Testing Results by Resistance Category for Fraser Health, 2012 Q4–2014 Q3 ²¹



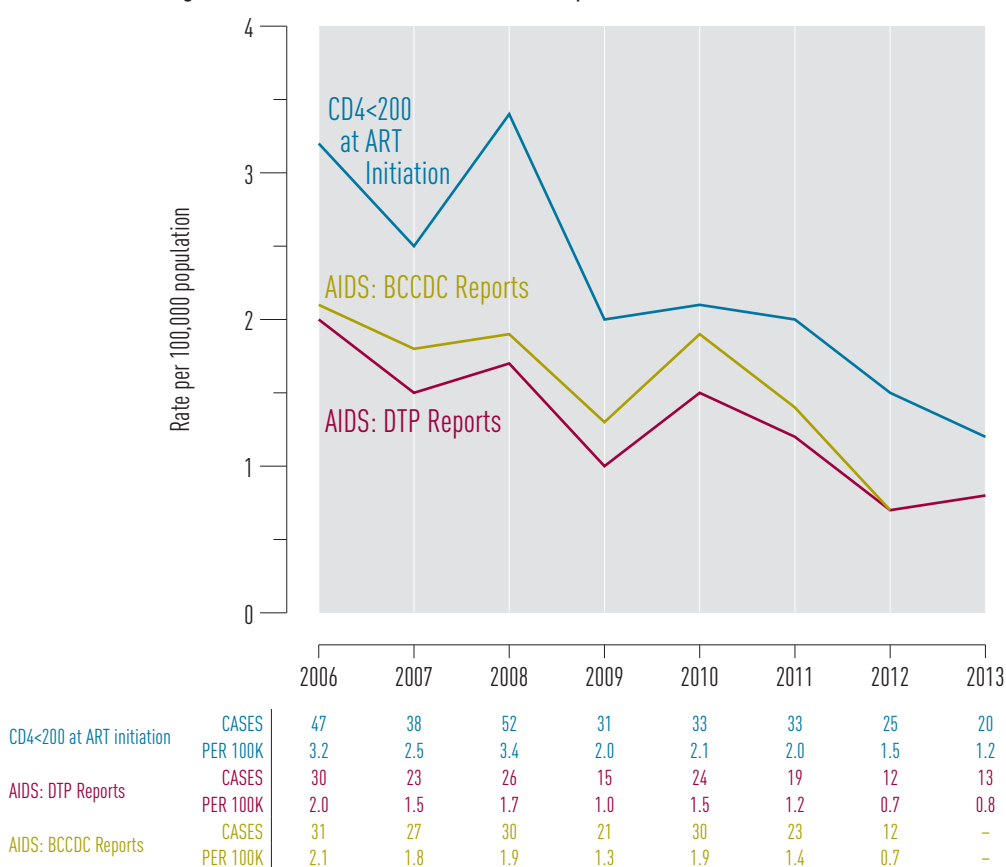
²¹ Data Source: Drug Treatment Program Database

Limitation: DTP participants are designated to an HA based on most current residence provided by the participant.

Indicator 12. AIDS-Defining Illness

Improvements in ART and the expansion of ART province-wide has led to very low numbers of recorded AIDS cases across BC. However, interpreting trends in AIDS cases is challenging as AIDS reporting is passive in BC and it is likely that they are under reported across all Health Authorities. In addition to under reporting, methods of reporting AIDS cases are inconsistent across HA's and do not truly reflect the current reality of new AIDS diagnoses. Efforts will need to be made to improve under and inconsistent reporting of AIDS cases across all HA's. The table below shows AIDS cases using three definitions. First, AIDS cases were defined as the number of physician-reported AIDS defining illness (ADI) in a given year. AIDS case reporting is a passive process and physicians can voluntarily report AIDS cases to the BCCDC or DTP. As such, we have plotted both **BCCDC reports** and **DTP reported AIDS cases**. We also show the proportion of persons **initiating ART with a CD4<200 cells/μL**.

Figure 12 AIDS Case Rate and Reports for Fraser Health, 2006–2013 ²²

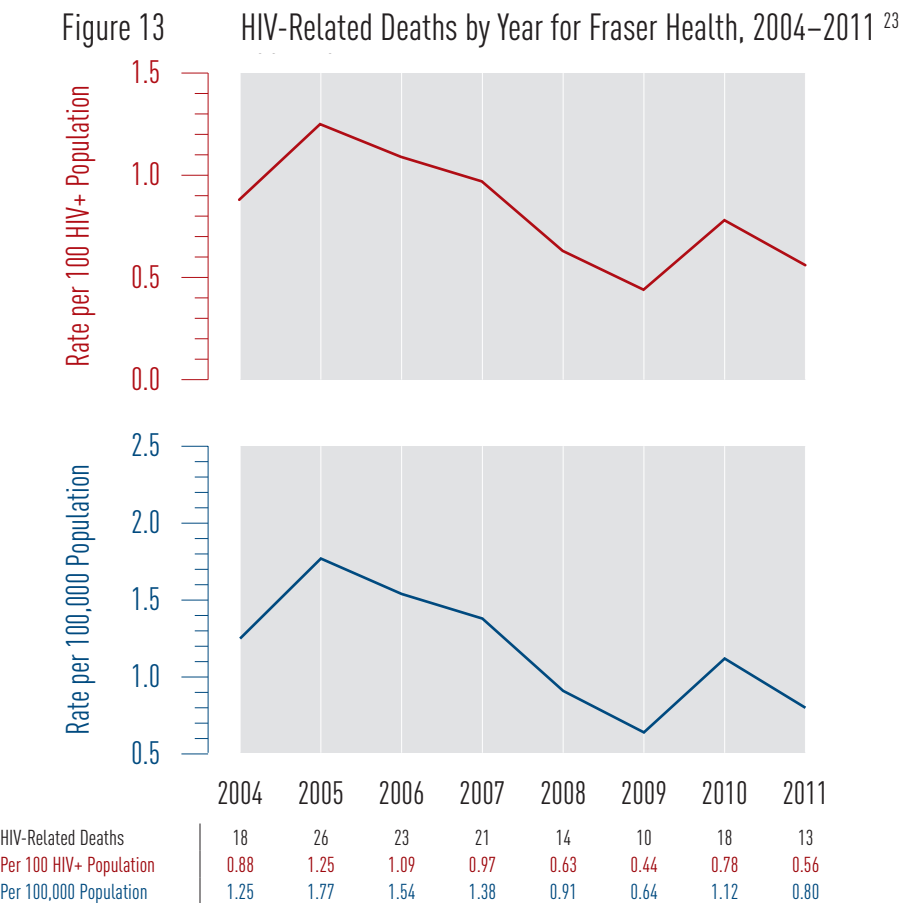


²² Data Source: DTP AIDS cases are obtained from the Drug Treatment Program Database; BCCDC AIDS cases are obtained from the BC-CDC; CD4<200 at ART initiation data came from the DTP database.

Limitation: AIDS case reporting was investigated using 3 definitions: First, using AIDS cases reported in AIDS case report forms from the DTP; Second, using AIDS cases reported via the BCCDC and third, using a CD4 cell count of <200 cells/μL at time of ART initiation using DTP data. AIDS case reporting is passive in BC, thus; AIDS case reporting is not well captured. The DTP sends out AIDS reporting forms to physicians annually. The BCCDC uses DTP AIDS case reports as well as physician AIDS case reports made directly to the BCCDC. Interpreting AIDS case reports should be done with these limitations in mind. AIDS data is updated annually as very few AIDS cases reports are reported in general and trends would be difficult to notice if reported quarterly.

Indicator 13. HIV-Related Mortality

Evidence indicates that individuals who initiate treatment with recommended ART in a timely fashion may live near normal lifespans. Excess mortality among HIV positive persons is, therefore, an important measure of HIV care with a goal of minimizing HIV-related mortality in British Columbia.



23 Data Source: BC Vital Statistics

Limitation:

- 1. DTP participants are designated to an HA based on most current residence provided by the participant.
- 2. Mortality data is updated annually.
- 3. The most recent available data was used.

Appendices

Indicator 1: Test Episodes (thousands)		'09 2010				2011				2012				2013				2014			
		Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3
Fraser Health		11.6	13.0	12.3	12.5	12.5	13.1	12.2	13.0	13.0	14.4	14.2	15.1	15.6	17.9	18.1	17.9	17.0	18.0	18.6	19.1
Gender	Female	7.6	8.5	7.8	8.1	8.1	8.4	7.9	8.3	8.4	9.1	9.0	9.6	9.7	11.0	10.9	10.9	10.2	10.8	11.1	11.3
	Male	3.9	4.5	4.4	4.4	4.4	4.6	4.3	4.7	4.6	5.3	5.1	5.5	5.7	6.6	7.0	6.7	6.5	6.9	7.1	7.3
	Other	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
Female (Prenatal)		4.0	4.2	3.9	4.1	4.2	4.4	4.0	3.9	4.1	4.4	4.0	4.1	4.0	4.4	4.1	4.1	4.1	4.3	4.1	4.2
Female (Non-prenatal)		3.6	4.2	4.0	4.0	3.9	4.0	3.9	4.3	4.3	4.7	4.9	5.4	5.7	6.5	6.8	6.8	6.1	6.4	6.9	7.2
Age	< 30	4.9	5.1	5.0	5.3	5.3	5.0	4.9	5.4	5.3	5.3	5.2	5.7	5.5	5.8	5.9	6.2	5.8	5.6	5.9	6.2
	30–39	3.9	4.6	4.2	4.2	4.1	4.7	4.2	4.4	4.3	5.0	4.8	4.9	4.8	5.8	5.6	5.5	5.4	6.0	5.8	5.9
	40–49	1.6	1.9	1.7	1.7	1.7	1.9	1.7	1.8	1.8	2.0	2.0	2.0	2.3	2.6	2.7	2.6	2.3	2.6	2.7	2.7
	≥ 50	1.2	1.5	1.3	1.3	1.3	1.5	1.3	1.4	1.6	2.0	2.1	2.4	2.8	3.4	3.7	3.4	3.1	3.5	3.8	4.0
POC HIV Tests (not in thousands)						0	12	37	57	24	54	121	31	158	296	187	182	302	254	426	377
Fraser East		2.0	2.2	2.1	2.1	2.0	2.2	2.0	2.1	2.0	2.3	2.2	2.3	2.3	2.5	2.5	2.5	2.4	2.7	2.6	2.7
Fraser North		5.2	6.0	5.6	5.6	5.6	5.7	5.4	6.1	6.0	6.7	6.4	6.7	7.1	8.4	8.5	8.3	7.9	8.3	8.5	8.5
Fraser South		4.3	4.8	4.6	4.9	4.9	5.2	4.8	4.9	5.0	5.4	5.5	6.0	6.3	7.0	7.0	7.1	6.6	7.0	7.5	7.8

Indicator 2: **Rate of HIV Testing per 100,000**

		2009	2010	2011	2012	2013
Fraser Health		3387.8	3384.9	3440.1	3897.0	4274.9
Fraser East		3248.1	3139.9	3091.6	3335.1	3433.6
Fraser North		3755.8	3732.4	3831.7	4477.5	5235.0
Fraser South		3128.6	3185.7	3245.4	3626.4	3794.7
Gender	Female	4373.2	4355.5	4388.3	4872.8	5235.3
	Male	2384.3	2394.2	2473.2	2899.7	3291.4
Age	< 30	3508.0	3470.3	3448.6	3612.3	3739.4
	30–39	8526.3	8690.7	8874.1	9509.0	9697.5
	40–49	2996.6	2981.3	3084.7	3645.0	4257.1
	≥ 50	1144.4	1193.6	1311.9	1981.4	2747.3

Indicator 3: New HIV Diagnoses		'09 2010				2011				2012				2013				2014			
		Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3	Q4	Q1	Q2	Q3
Fraser Health	By Client Residence	12	17	19	19	17	12	18	15	9	11	10	10	14	8	14	23	19	14	11	12
	By Provider Address	7	14	15	13	15	10	20	9	8	10	5	7	8	9	8	14	15	11	10	12
Gender	Female	4	6	8	3	5	1	5	4	1	0	3	2	3	1	3	2	3	5	4	5
	Male	8	11	11	16	12	11	13	11	8	11	7	8	11	7	11	21	16	9	7	7
Age	< 30	5	3	5	9	1	1	3	3	3	3	1	1	2	1	3	5	6	4	1	4
	30–39	3	6	2	2	6	3	9	3	1	1	3	2	2	3	4	8	6	5	3	3
	40–49	3	6	6	5	5	2	5	4	4	3	2	5	4	2	4	6	4	3	3	0
	≥ 50	1	2	6	3	5	6	1	5	1	4	4	2	6	2	3	4	3	2	4	5
Exposure	MSM	3	4	3	11	4	7	5	8	4	6	5	6	5	6	9	10	11	5	–	–
	IDU	2	2	4	3	2	1	4	0	0	4	0	0	1	1	1	2	5	1	–	–
	HET	6	9	10	3	8	3	7	7	5	1	4	4	6	1	3	9	3	6	–	–
	Other	1	2	0	1	1	1	2	0	0	0	0	0	1	0	1	2	0	0	–	–
	NIR/Unknown	0	0	2	1	2	0	0	0	0	0	1	0	1	0	0	0	0	2	–	–
Fraser East	By Client Residence	1	2	1	2	2	4	4	2	5	2	2	1	1	0	0	3	1	2	0	1
	By Provider Address	1	4	1	1	1	4	4	2	2	2	0	1	0	0	0	2	1	2	1	1
Fraser North	By Client Residence	8	7	6	6	6	6	6	7	4	3	6	5	6	6	9	14	9	7	5	3
	By Provider Address	3	5	5	2	6	3	7	4	5	3	4	4	2	7	4	8	9	7	4	4
Fraser South	By Client Residence	3	8	12	11	9	2	8	6	0	6	2	4	7	2	5	6	9	5	6	8
	By Provider Address	3	5	9	10	8	3	9	3	1	5	1	2	6	2	4	4	5	2	5	7

Indicator 4: Stage of HIV Infection at Baseline

	Fraser Health				Female				Male				< 30 years				30–39 years				40–49 years			
	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13
Stage 0	8	10	3	6	2	1	0	0	6	9	3	6	5	4	0	4	0	2	1	0	3	2	1	1
Stage 1	14	8	6	9	5	2	1	4	9	6	5	5	8	1	1	3	1	5	0	2	5	1	4	1
Stage 2a	5	2	5	5	1	1	3	1	4	1	2	4	3	0	0	2	0	2	1	2	1	0	1	1
Stage 2b	9	7	6	8	2	2	1	1	7	5	5	7	1	1	2	3	4	1	1	0	1	1	1	2
Stage 3	17	21	9	15	6	3	2	1	11	18	7	14	0	0	0	1	2	5	3	3	10	11	3	6
Unknown	2	1	2	4	0	1	0	0	2	0	2	4	1	1	1	0	0	0	0	2	1	0	1	2
Total	55	49	31	47	16	10	7	7	39	39	24	40	18	7	4	13	7	15	6	9	21	15	11	13

	≥ 50 years				MSM				IDU				Heterosexual				Other Exposure				NIR/Unknown			
	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13	'10	'11	'12	'13
Stage 0	0	2	1	1	4	6	2	6	2	1	0	0	2	3	1	0	0	0	0	0	0	0	0	0
Stage 1	0	1	1	3	5	3	2	3	2	1	0	1	7	4	3	5	0	0	1	0	0	0	0	0
Stage 2a	1	0	3	0	2	1	2	2	2	0	0	0	1	0	3	1	0	1	0	2	0	0	0	0
Stage 2b	3	4	2	3	3	2	2	5	1	1	1	0	4	4	3	3	1	0	0	0	0	0	0	0
Stage 3	5	5	3	5	5	8	2	6	2	2	3	3	6	10	4	5	3	1	0	1	1	0	0	0
Unknown	0	0	0	0	1	0	1	0	0	0	0	2	1	1	0	2	0	0	0	0	0	0	1	0
Total	9	12	10	12	20	20	11	22	9	5	4	6	21	22	14	16	4	2	1	3	1	0	1	0

Indicator 5: HIV Cascade of Care

		DIAGNOSED	LINKED	RETAINED	ON ART	ADHERENT	SUPPRESSED
Fraser Health		1945	1857	1715	1620	1473	1262
Age Category	< 30	116	88	86	81	71	61
	30–39	287	279	254	232	204	179
	40–49	623	603	554	525	465	386
	≥ 50	919	887	822	782	733	636
Age Category and MSM Status	MSM						
		< 30	22	20	20	20	18
		30–39	50	48	45	41	35
		40–49	127	123	120	109	94
		≥ 50	311	304	298	286	252
	Non-MSM	< 30	13	13	13	11	10
		30–39	119	116	104	93	69
		40–49	274	266	249	235	162
		≥ 50	332	320	298	279	206
	Unknown	< 30	82	55	51	49	36
		30–39	118	114	104	98	75
		40–49	223	214	185	175	130
		≥ 50	276	263	226	217	178
Gender	Male	1471	1412	1309	1244	1148	1001
	Female	474	445	406	376	325	261
Injection Drug Use	IDU	524	509	482	449	381	302
	Non-IDU	1009	981	936	893	847	748
	Unknown	411	367	297	278	245	212
MSM Status	MSM	509	496	484	463	443	396
	Non-MSM	738	715	664	618	544	447
	Unknown	698	646	567	539	486	419
Health Authority	Fraser East	300	285	239	232	212	171
	Fraser North	865	824	762	721	657	568
	Fraser South	781	750	714	667	604	523

Indicator 6: Programmatic Compliance Score (PCS)

	2012 Q4	2013 Q1	Q2	Q3	Q4	2014 Q1	Q2	Q3
< 3 CD4 Tests	21.7%	20.4%	15.9%	15.6%	17.2%	19.1%	23.3%	13.8%
< 3 Viral Load Tests	4.7%	6.8%	5.6%	6.7%	5.4%	2.1%	3.5%	2.1%
No Baseline Genotype	3.8%	7.8%	6.5%	7.8%	7.5%	3.2%	3.5%	4.3%
Baseline CD4 < 200 cells/μL	30.2%	29.1%	25.2%	18.9%	19.4%	19.1%	23.3%	29.8%
Non-Recommended ART	3.8%	2.9%	3.7%	6.7%	9.7%	10.6%	10.5%	9.6%
Non Viral suppression at 9 Mo.	29.2%	25.2%	26.2%	24.4%	21.5%	23.4%	29.1%	26.6%
PCS Score: 0	48	52	58	50	48	45	35	38
PCS Score: 1	28	21	20	20	26	31	31	35
PCS Score: 2	20	19	21	12	11	13	12	17
PCS Score: 3	9	9	6	5	6	4	7	4
PCS Score: 4 or more	1	2	2	3	2	1	1	0
Total (n=)	106	103	107	90	93	94	86	94

Indicator 7: New DTP ARV Participants

First Starts	23	23	17	29	20	30	21	22
Experienced Starts	29	20	39	24	36	21	42	30

Indicator 8: CD4 Cell Count at ART Initiation for ARV-Naïve DTP Participants

CD4 ≥ 500	8	7	7	4	10	9	11	8
CD4 350–499	7	9	2	3	5	3	3	5
CD4 200–349	2	4	5	8	4	10	2	4
CD4 50–199	3	2	2	8	0	3	3	3
CD4 < 50	3	1	1	6	0	4	1	2
<i>CD4 Median (cells/μL)</i>	<i>410</i>	<i>420</i>	<i>370</i>	<i>202</i>	<i>500</i>	<i>290</i>	<i>538</i>	<i>400</i>
Total (n=)	23	23	17	29	19	29	20	22

Indicator 9: Active and Inactive DTP Participants

Active DTP Participants	1466	1470	1517	1541	1569	1583	1627	1643
Inactive DTP Participants	230	245	228	232	230	238	232	229

Indicator 10: Antiretroviral Adherence

≥ 95%	12	18	13	15	17	19	14	23
80% to < 95%	6	9	7	6	4	5	4	4
40% to < 80%	4	0	5	3	5	2	1	2
< 40%	0	0	0	0	2	0	0	0
Total (n=)	22	27	25	24	28	26	19	29

Indicator 11: Resistance Testing and Results

Suppressed	920	1006	998	1037	1016	1121	1123	1153
Wild Type	226	203	203	207	180	162	171	153
Never Genotyped	23	18	22	17	18	14	15	15
1-Class	28	28	39	35	43	30	26	31
2-Class	7	6	8	5	8	1	4	5
3-Class	2	2	3	1	1	1	2	3
Total (n=)	1206	1263	1273	1302	1266	1329	1341	1360

Indicator 12: AIDS-Defining Illness

	2006	2007	2008	2009	2010	2011	2012	2013
CD4 < 200 at Cases	47	38	52	31	33	33	25	20
ART initiation <i>Rate per 100,000</i>	<i>3.2</i>	<i>2.5</i>	<i>3.4</i>	<i>2.0</i>	<i>2.1</i>	<i>2.0</i>	<i>1.5</i>	<i>1.2</i>
AIDS Cases Cases	30	23	26	15	24	19	12	13
(DTP Reports) <i>Rate per 100,000</i>	<i>2.0</i>	<i>1.5</i>	<i>1.7</i>	<i>1.0</i>	<i>1.5</i>	<i>1.2</i>	<i>0.7</i>	<i>0.8</i>
AIDS Cases Cases	31	27	30	21	30	23	12	–
(BCCDC Reports) <i>Rate per 100,000</i>	<i>2.1</i>	<i>1.8</i>	<i>1.9</i>	<i>1.3</i>	<i>1.9</i>	<i>1.4</i>	<i>0.7</i>	<i>–</i>

Indicator 13: HIV-Related Mortality

	2004	2005	2006	2007	2008	2009	2010	2011
Fraser Health	18	26	23	21	14	10	18	13
Per 100 HIV+ Population	0.88	1.25	1.09	0.97	0.63	0.44	0.78	0.56
Per 100,000 Population	1.25	1.77	1.54	1.38	0.91	0.64	1.12	0.80